Sebaceous glands within odontogenic cysts

Odontojen kistlerde yağ bezi lobulüsü

SUMMARY

Aim: Sebaceous glands are rarely observed in odontogenic cysts whereas these structures are the histopathologic features of dermoid cysts. Dermoid cyst growth is slow and its biologic behaviour is silent; after the cyst is removed, recurrence is not observed. However, there are some developmental odontogenic cysts that have a local aggressive course and high levels of recurrence and sebaceous glands may present in these types of cyst. The aim of the study is to evaluate the histopathologic and clinical features of odontogenic cyst with sebaceous gland.

Materials and Method: 14 odontogenic cysts with sebaceous glands were reported in the present study. Histopathological features, locations and numbers of sebaceous glands were evaluated. Histochemical (PAS) and immunohistochemical (S100 protein, Pan Cytokeratin, Cytokeratin 19 and EMA) examinations were also performed.

Results: In the present study, 14 patients, 9 (64%) male and 5 (36%) female with a mean age of 42 years were included. The cysts were located in the mandible of 10; while four of them were in the maxilla. All lesions were developmental odontogenic cysts. Microscopic evaluation revealed that sebaceous glands were only in the fibrotic cyst wall in 11 cases, in the intraepithelial location in 1 case and 2 cases showed three different sites as intraepithelial, subepithelial and wall.

Conclusions: When the sebaceous glands are observed histopathologically, there is a tendency to diagnosis as a dermoid cyst. Therefore, the differential diagnosis between odontogenic cyst with sebaceous glands and intraosseous dermoid cysts has great importance for management or different follow-up options.

Keywords: Odontogenic cyst, intraosseous dermoid cyst, sebaceous glands, jaw cyst.

ÖZET


Gereç ve Yöntem: Çalışında yağ bezi lobulüsü içeren 14 odontojen kist olgununun histopatolojik özellikleri, yağ bezi lobulüslerinin sayısı ve yerleşim özellikleri dikkate alınarak incelendi. Histokimyasal (PAS) ve immunohistokimyasal (S100 protein, Pan Siyokkeratin, Siyokkeratin 19 ve EMA) incelemeleri de yapıldı.

Bulgular: Çalışmanda 14 olgu incelendi, bunların 9’u erkek (%64), 5’i (%36) kadındı. 14 odontojen kist olgusunun,
INTRODUCTION
Cysts are benign pathologic cavities of bone or soft tissue and are generally surrounded by a wall of connective tissue. A true cyst has an epithelium lining in the cyst wall, while epithelium does not exist in a pseudocyst. True cysts are largely present in jaw bones.¹ ²

If true cysts of the jaws originate from the odontogenic epithelium, they are known as odontogenic cysts; if they originate from other epithelial structures, they are known as non-odontogenic cysts.³

Dermoid cysts (DmCs) are developmental cysts and teratomatous lesion that originate from ectoderm and mesoderm. DmCs develop extraorally, or rarely, intraorally, in soft tissue. Intraosseous development is very rare. Histopathologically, they lined with keratinized stratified squamous epithelium and one or more dermal appendages such as hair follicles, sweat glands or sebaceous glands in the wall.⁴ ⁷

Epithelium of odontogenic cysts originate from epithelial cell rests of Malassez; dental lamina (epithelial cell rests of Serres); enamel organ and reduced enamel epithelial cells; dental papilla (ectomesenchyme); and basal layer cells of the oral epithelium. Histopathologically, the lining epithelia of these cysts consist of stratified squamous epithelium, single layer cuboidal, ciliated, ciliated low columnar cells, and pseudostratified squamous epithelium. Odontogenic cysts may also have sebaceous glands.⁸ ¹⁶

Sebaceous glands (SGs) are holocrine glands located adjacent to hair follicles. Secretions of SGs contain a complex mixture of lipids. The only areas in the body without SGs are the palms of the hands and soles of the feet. There are numerous SGs in facial skin. They are also found in the mouth, prepuce, labia minora, and sometimes in parotid glands.¹⁷

Ectopic sebaceous glands are called Fordyce’s spots (or Fox-Fordyce granules), and they are frequent in the mouth, the vermilion, in the corners of the mouth or in the buccal mucosa in adults. Their numbers increase with age, and they are prevalent in 70% to 80% of the elderly. They have sometimes been identified in the alveolar mucosa and dorsum of the tongue. In this group, ectopic sebaceous glands are considered normal.¹⁸ ¹⁹

The presence of sebaceous glands in the oral mucosa may be due to an error in embryologic development through which some potential of skin ectoderm is retained in the ectoderm, which invaginates to form the linings of the oral cavity.¹⁹

The origins of intraosseous dermoid cyst (iDmC) are not clear. It might be the proliferation of the sequestration of embryonic ectoderm that may have been embedded in the developing jaw during embryogenesis, or development from odontogenic epithelial remains as a result of dermal metaplasia.²⁰ ²²

The aim of the study is to state the histopathologic and clinical features of odontogenic cyst with SGs.

MATERIALS AND METHODS
Formalin-fixed, paraffin embedded blocks of 14 cases of odontogenic cysts with sebaceous glands were collected from the archives of the Department of Tumor Pathology, Institute of Oncology, Istanbul University between 2007-2015 years. The slides were reviewed and the cases were reevaluated with clinical and radiologic documentation by two blinded oral pathologists.

The study was approved by the Research Ethics Committee of Istanbul University (Number: 211).

Statistical Analysis
Statistical analyses were computed with proportion (%) and 95% confidence interval (CI) for each group.

RESULTS
We had 14 cases of odontogenic cysts with sebaceous glands. Table 1 shows clinicopathologic characteristics of these cases. Nine of the patients were male (9/14; 64%) and five were female (5/14; 36%). The mean age was 42 years (range, 14-73 years). The cysts were mostly prevalent among patients in sixth decade (6 patients), and followed by adults in third decade (4 patients). The cysts were located in the mandible of 10 patients (10/14; 71%); while four of them were in the maxilla (4/14; 29%). Eight of the lesions were associated with impacted teeth (8/14; 57%), five of which were canines (5/8; 63%) and three were third molars (3/8; 36%).

In 12 cases, lesions were unicocular (12/14; 89%), 11 of which were radiolucent (11/12; 92%), and one was radiolucent-radiopaque (1/12; 8%). 10 lesions were well-defined with sclerotic borders (10/12; 83%) and two had scalloped sclerotic borders (2/12; 17%). In two cases, lesions had multilocular radiolucent appearance with well-defined margins (2/14; 14%).

All lesions were developmental odontogenic cysts (Figure 1).
Sebaceous glands within odontogenic cysts

Seven were dentigerous cysts (DC) (7/14; 50%); one of these was associated with a compound odontoma. Three were odontogenic keratocysts (OKC) (3/14; 21%). Two were orthokeratinized odontogenic cysts (OOC) (2/14; 14%). Two were glandular odontogenic cysts (GOC) (2/14; 14%).

Table 2 summarizes the histopathological features, and locations and numbers of SGs. Microscopic evaluation revealed that in 11 cases, SGs were only in the fibrotic cyst wall, distant to the epithelial lining (Figure 1 A, B, F-N); SGs were observed to be focal in all of these cases. In eight of these cases, SGs were only in one focus and had only one lobule (Figure 1 B, F, G, H-L, N), in one case, the SGs were in one focus but had two lobules (Figure 1 M). In two cases, SGs were observed in two foci; of these, one had two lobules in each focus (Figure 1 A) and the other had six lobules in one focus (Figure 1 J) and one lobule in the other focus. In one case, SGs were only observed intraepithelially, with one focus and three lobules (Figure 1 D). In two cases, SGs were observed intraepithelially, and subepithelially located, subjacent to the epithelium and in the fibrotic cyst wall, distant to the epithelial lining. Three foci were seen in one of these cases, one intraepithelial focus with seven lobules (Figure 1 C), one subepithelial focus with one lobule subjacent to the epithelium (Figure 2A)

Histochemical and immunohistochemical examinations were also performed to determine the origin of these rare structures, sebaceous glands. The cytoplasms of these sebaceous glands cells were negative for periodic acid-Schiff (PAS) staining (Figure 1C, 2A). The SGs revealed no cytoplasmic immunoreactivity with S-100 protein (Figure 2B), but had strong cytoplasmic immunoreactivity with Pan Cytokeratin (AE1/AE3) antibody and Cytokeratin 19 antibody, and strong membranous and cytoplasmic immunoreactivity with Epithelial Membrane Antigen (EMA) antibody (Figure 2 C-E).

Enucleation was performed for the treatment of all lesions while decompression was also carried out six months prior to enucleation in one of the cases. The patients were followed up for 8 to 96 months. No recurrence was observed (Table 1).
Table 1. Clinicopathologic characteristics of patients have odontogenic cysts with sebaceous glands

<table>
<thead>
<tr>
<th>Case Number</th>
<th>Age</th>
<th>Sex</th>
<th>Clinicopathologic Features</th>
<th>Histopathologic Features</th>
<th>Treatment</th>
<th>Follow Up</th>
<th>Case number</th>
<th>Sex</th>
<th>Clinicopathologic Features</th>
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OKC: Odontogenic Keratocyst, OOC: Orthokeratinized Odontogenic Cyst, DC: Dentigerous Cyst, GOC: Glandular Odontogenic Cyst, CmpO: Compound Odontoma, NR: No Residue, Yr: Year, Mnt: Month

Table 2. Microscopic Features and Locations of Sebaceous Glands in Odontogenic Cysts

<table>
<thead>
<tr>
<th>Descrination of SGs</th>
<th>In the Wall</th>
<th>Intraepithelial</th>
<th>Intraepithelial+in the Wall</th>
<th>Intraepithelial+in the Wall</th>
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n: Case number, CI: Confidence Interval, W: In the wall, IE: Intraepithelial, SE: Subepithelial, SGs: Sebaceous Glands

DISCUSSION

True cysts are seen most commonly in jaws compared with other parts of the body due to the large number of remains of odontogenic epithelium in oral tissues. Cysts of the head and neck region may originate from the embryonic development of enamel organ tissue (odontogenic cysts), epithelial remnants of maxillofacial embryogenesis (nonodontogenic cysts, fissural cysts, thyroglossal ductal cysts, dermoid and epidermoid cysts), or epithelial tissue traumatically embedded underneath the oral mucosa (inclusion cysts, entrapment cysts).

Developmental cysts are rare in the head and neck region, whereas dermoid cysts are relatively frequent. Dermoid cysts that are found in the oral cavity are mainly observed in the floor of the mouth between the hyoid bone and the jaw, because they originate from entrapped embryonic epithelial remnants within the soft tissue and the bone between the mandibular arches and the tongue. Some authors argue that the endodermal epithelium of the floor of the mouth cannot be distinguished from ectodermal oral epithelium in this region. The remnants that give rise to developmental cyst may be of either origin. The lesion may be present at birth and among the elderly; the majority of lesions develop between the ages of 25 and 35 years. They are slightly more common among males.

Histopathologically, dermoid cysts are lined with keratinizing stratified squamous epithelium. In the fibrotic cyst wall, one or more dermal appendages such as hair follicles and sweat or sebaceous glands are seen. Hair follicles are seldom. The lumen of the cyst is generally filled with desquamated keratin, which clinically gives them a soft consistency.

Various hypotheses have been suggested for the etiopathogenesis of iDmC; it might be the sequestration of the part of the ectoderm that develops the oral cavity, which may have been embedded deep in the surface and entrapped in the developing mandible during embryogenesis, and might have been induced for proliferation by dental inflammation. Another hypothesis is that cysts develop from remains of odontogenic epithelium that change into dermal metaplasia.

Allon et al. and Bodner et al. stated that the presence of SGs was an indispensable histologic element for the diagnosis of iDmC. SGs are essential for the diagnosis of DmC but any cyst with SGs may not be an iDmC. A small number of iDmCs have previously been reported. Some of these cysts, which were presented as iDmC, may actually have been odontogenic cysts with SGs. Therefore all clinical, radiological apperances and histopathological, especially the lining epithelium features should be evaluated carefully to make a correct diagnosis.

Sebaceous glands may be present in odontogenic cysts. Odontogenic cysts are classified into two groups, inflammatory and developmental cysts, according to their etiopathogenesis. In inflammatory cysts, the inflammation present in the bone or arriving from the surrounding tissue, causes proliferation of cyst epithelial sources, but the etiology of proliferation is not known in developmental cysts. The theories related to the presence of SGs in odontogenic cysts state that SGs may be formed by metaplasia of the lining cyst epithelium or trapped epithelial rests in jaws. It is well understood that odontogenic epithelium has pluripotential capacity. It may differentiate into columnar cells, mucous cells, sebaceous cells, and other cell types. Some authors suggest that due to the induction between oral epithelium and the oral ectomesenchyme, numerous tissues or structures some of which are...
Sebaceous glands within odontogenic cysts

epithelial in origin, may occur. The induction of the oral ectomesenchyme to the multipotential oral epithelium, results in the differentiation of SGs. Some authors argue that the OKC is an intraosseous counterpart of epidermoid cysts located in the jaw. Some developmental odontogenic cysts, including botryoid odontogenic cysts, OKC and GOC have aggressive growth potential and high recurrence rates. The recurrence rates of these cysts have been reported approximately 30% in various studies (range 5%-62%). In our study, five cases were diagnosed as OKC (n=3) and GOC (n=2), which are known to have local aggressive biological behavior and high recurrence potential, and need non-conservative surgery and long-term follow-up. No recurrence was observed in our cases during follow-up period; however follow-up duration of four to 80 months might be short for recurrence.

Historically, the first study on odontogenic cyst with SGs was published by Hofrah in 1930. In 1957, Gorlin described two DCs that had SGs, and then in 1966, Spouge reported SGs in DCs. Brannon11 was the first to describe odontogenic keratocysts (OKC) that had SGs in 1976. Craig et al. and Christensen and Proper12 presented other OKCs with SGs in 1980 and 1982, respectively. In 1993, Vahahula et al. reported that among 12 jaw cysts, one cyst had prominent orthokeratinized epithelial lining and sebaceous differentiation and diagnosed as an odontogenic cyst with SGs. In 2007, Chi et al. published a series of odontogenic cysts with sebaceous elements in 5 patients, all of which were OOC. Chi et al. conducted a review of studies of which 10 odontogenic cysts with sebaceous elements had been reported up until that time. In 2008, Shamim et al. reported that they observed SGs in a OKC. In 2011, Hosmani et al. reported a DC with SGs. Kumar et al. reported an odontogenic cyst, a fibrocyt wall lined by parakeratinized squamous epithelium that showed hyperplasia with chronic inflammation and SGs inclusion and described it as a radicular cyst with seba ceous differentiation. We know that metaplastic keratinization may be present in radicular cyst epithelium, but we must also keep in mind that this cyst might have been an inflamed OKC.

In addition, Kumar et al. suggested that malignant transformation might be expected in sebaceous glands metaplasia of odontogenic epithelium of a cyst and they should be categorized as a separate entity, but there were no supporting data. Cawson et al. said that “SGs were common in the oral mucosa, but were not normally present within the jaw. Therefore, it was uncertain whether a jaw cyst containing sebaceous glands should be categorized as a variant of an odontogenic keratocyst or as a dermoid cyst” However, Cawson et al. were wrong. Other odontogenic cysts with SGs were also reported. In 1966, Spouge reported SGs on the wall of a dentigerous cyst and interpreted that as metaplastic change. Neville et al. noted that small nests of sebaceous cells might rarely be seen within the fibrous cyst walls of dentigerous cysts. Chi et al. reported 5 OOC with SGs cases and suggested that the other cases might also have been examples of OOC with SGs. However, in our study, there were developmental odontogenic cysts other than DCs and OOCs. Seven of the cases were DCs and three were OKCs, two were OCCs and two were GOCs with SGs. It is clear that fibrotic cyst walls were lined by nonkeratinized epithelium in nine cases.

In our study, of the total 14 cases, eight were present with an impacted tooth and five were in the canines, three with third molar teeth, seven were DCs, and one was defined as GOC. It is not possible to say that these were not odontogenic cysts simply by examining the SGs. Takeda et al. noted that “metaplastic sebaceous glands were not widely distributed in the cyst wall of OKCs and OOCs, and the connective tissue layer was not involved.” We observed SGs in 11 cases in only the fibrotic wall and two cases showed both with intraepithelial and wall locations. To our knowledge 17 odontogenic cysts with SGs have been reported until now. Herein, we report 14 cases of odontogenic cysts with SGs.

The presence of SGs in odontogenic cysts has been defined in various ways as “sebaceous metaplasia”, “sebaceous differentiation”, and “sebaceous elements”. Different terms for same lesions lead to confusion, thus common language will be more helpful to define these SGs. These cysts have been published under various names, Cawson et al. defined them as odontogenic keratocyst, and Neville et al. opted for dentigerous cysts. It is not correct to define these cysts as “intraosseous mandibular cysts” or “mandibular cysts with sebaceous differentiation” because four of the cases in our series, and one each for Spouge, Vahahula, Chi et al., and Kumar et al. found them located in the maxilla.

In conclusion, SGs may be present in odontogenic cysts and histopathological diagnosis has great importance when they are seen. The differential diagnosis of these cysts must be performed more carefully to distinguish from iDMC which has slow growing, benign biologic behaviour and lack of local recurrence. Because there are some developmental odontogenic cysts that have local aggressive progress with the possibility of local recurren ce. The management of these odontogenic cysts is totally different than for iDMC. There is no alternative management or different follow-up options for maxillofacial surgeons because odontogenic cysts with SGs do not have a different biologic behavior to odontogenic cysts alone. Therefore, the presence of SGs in odontogenic cysts must
be followed up separately, and documented in detail. The need for a separate classification of these cysts must be further discussed.

AKNOWLEDGEMENTS

We want to thank Dr. Vakur Olgac, Dr. Canan Alatli and Dr. Rian Disci for valuable consideration of the cases and also thanks to techinal team for their efforts. The special thanks to the photographer, Kemal Aslan, for his support of the figures.

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