

## The first results of national antimicrobial resistance surveillance system in Turkey

### Türkiye’de ulusal antimikrobiyal direnç surveyans sisteminin ilk sonuçları

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#### ABSTRACT

**Objective:** In order to combat with antimicrobial resistance, some measures should be taken and determination of the current status is one of them. National antimicrobial resistance surveillance system (NAMRSS) was established for this purpose in Turkey. It was targeted to be useful for guidance of ampirical therapy, create antimicrobial usage policies, provide data to the guidebooks, and supply initial information to evaluate the efficacy of the measures taken.

**Methods:** Data of resistance was collected from 55 hospital, from blood and cerebrospinal fluid isolates, which were *S. aureus*, *E. faecalis* and *E. faecium*, *S. pneumoniae*, *E. coli*, *K. pneumoniae* and *P. aeruginosa*. The antimicrobials and test methods were chosen in accordance with international surveillance systems. The collected data was analysed by WHONET software.

**Results:** *S. aureus* (1437); meticillin resistance was 31.5%, rifampin, linezolid and vancomycin resistance

#### ÖZET

**Amaç:** Antimikrobiyal direnç ile mücadele için bazı önlemler alınmalıdır, mevcut durumun saptanması da bunlardan biridir. Türkiye’de ulusal antimikrobiyal direnç surveyans sistemi bu hedefle kurulmuştur. Ampirik tedaviyi desteklemek, antimikrobiyal kullanım politikaları oluşturmak, rehber kitaplara veri sağlamak, alınmış olan önlemlerin etkinliğini değerlendirmek için başlangıç bilgilerini sağlamak amaçlanmıştır.

**Yöntem:** Elli beş hastaneden, kan ve beyin omurilik sıvısından izole edilen *Staphylococcus aureus*, *Enterococcus faecalis*, *Enterococcus faecium*, *Streptococcus pneumoniae*, *Escherichia coli*, *Klebsiella pneumoniae* ve *Pseudomonas aeruginosa* izolatlarının direnç verileri toplanmıştır. Antimikrobiyaller ve test yöntemleri uluslararası surveyans sistemleri ile uyumlu olacak şekilde seçilmiştir. Toplanan veriler WHONET program ile analiz edilmiştir.

**Bulgular:** *S. aureus* (n=1437); metisilin direnci %31,5, rifampin, linezolid ve vankomisin direnci sırası

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were 65.3%, 2.3%, and 0.0%, respectively. *E. faecalis* (n=760) resistance of ampicillin was 9.7%, linezolid, vancomycin, teicoplanin were lower than 1%, high level (HL) aminoglycoside was around 30%. *E. faecium* (n=756) resistance of ampicillin was 88.1%, linezolid, teicoplanin were lower than 1%, vancomycin 17%, HL aminoglycoside was around 50%. *S. pneumoniae* (n=128) with non-meningitis breakpoints; resistance were lower than 5.2% for all antimicrobials other than erythromycin (32%), with meningitis breakpoints: resistance increased to 14,3-44,8%. *E. coli* (2280) and *K. pneumoniae* (1307), extended spectrum beta-lactamase (ESBL) was 51.6% and 54.0%, respectively. *P. aeruginosa* (825) resistance were changed in between 8.4% (amikacin) and 36.4% (piperacillin).

**Conclusion:** The resistance was higher among the countries in close geographical region and increased in time, indicating the need for developing policies to combat with it. Besides, the results will also be valuable to monitor the usefulness of the measures taken.

**Key Words:** Drug resistance, microbial, surveillance, Turkey

ile %65,3; %2,3 ve %0,0, bulunmuştur. *E. faecalis* (n=760) ampisilin direnci %9,7, linezolid, vankomisin, teikoplanin direnci %1'in altında, yüksek düzey (YD) aminoglikozid %30 civarında bulunmuştur. *E. faecium* (n=756) ampisilin direnci %88,1; linezolid ve teikoplanin %1'den az, vankomisin %17, YD aminoglikozid %50 civarında bulunmuştur. *S. pneumoniae* (n=128) non-menenjit sınır değerler için eritromisin (%32) dışında tüm antimikrobialler için direnç %5,2'den düşüktür, menenjit sınır değerler için direnç %14,3-44,8'a yükselmiştir. *E. coli* (2280) ve *K. pneumoniae* (1307) için genişlemiş spektrumlu beta-laktamaz (GSBL) direnci sırası ile %51,6 ve %54,0 bulunmuştur. *P. aeruginosa* (825) direnci %8,4 (amikacin) ve %36,4 (piperacillin) arasında değişmektedir.

**Sonuç:** Direnç Türkiye'ye yakın coğrafyadaki ülkelerden yüksek bulunmuş ve zaman içinde artış göstermiş olup bununla mücadele için politikalar geliştirmek gerektiğine işaret etmektedir. Ayrıca, alınan önlemlerin yararlılığını izlemek için de sonuçlar değerli olacaktır.

**Anahtar Kelimeler:** Antimikrobiyal direnç, surveyans, Türkiye

## INTRODUCTION

Antimicrobial drug resistance is a growing problem worldwide. To combat this problem, policies for the use of the rational antimicrobial drugs should be developed. Determination and monitoring of the current situation is one of the steps to be taken for this purpose (1,2). NAMRSS was established for determination of the current status, and it will be possible to follow the efficiency of the measures taken, as well (3). Establishment of NAMRSS was based on the regulations published in the official gazete. The activities of the establishment phase were carried out with the contributions of the scientific advisory committee (SAC) consisting of 17

senior scientist (3). The clinical material, bacteria, antimicrobial agents and test methods were chosen to be in accordance with international surveillance systems like European Antimicrobial Resistance Surveillance Network (EARS-Net) because to be included in these systems in the future was targeted (4). As a matter of fact, it was included in the network of Central Asian and Eastern European Surveillance of Antimicrobial Resistance (CAESAR) in 2014 (5). During establishment, the choice of the laboratories was made regarding distribution to 12 Statistical Region Units in Turkey determined by Turkish Statistical Institute, distribution to university, training and

research and governmental hospitals, and capability of performing blood culture and antimicrobial susceptibility tests (AST). For this purpose, a questionnaire study was conducted nationwide, and 78 laboratories have been selected to participate the system (6,7). By the contribution of the SAC, the standard operating procedures (SOP) and the software program were determined and published as a book (3,8,9). Serial courses have been organised for the participating laboratories, in addition to external quality assurance, laboratory proficiency assesment and on-site observation studies, and the data of the system was observed to be reliable (10,11).

The aim of this study was to analyse the resistance data of NAMRSS, those belong to the bacteria isolated from blood and cerebrospinal fluid (CSF), against the selected antimicrobial agents. This analysis will not only be useful for guidance of ampirical therapy, but also to create antimicrobial usage policies, to provide data to the guidebooks written for this purpose, supply initial information so that the efficacy of the measures taken can be evaluated in the long run.

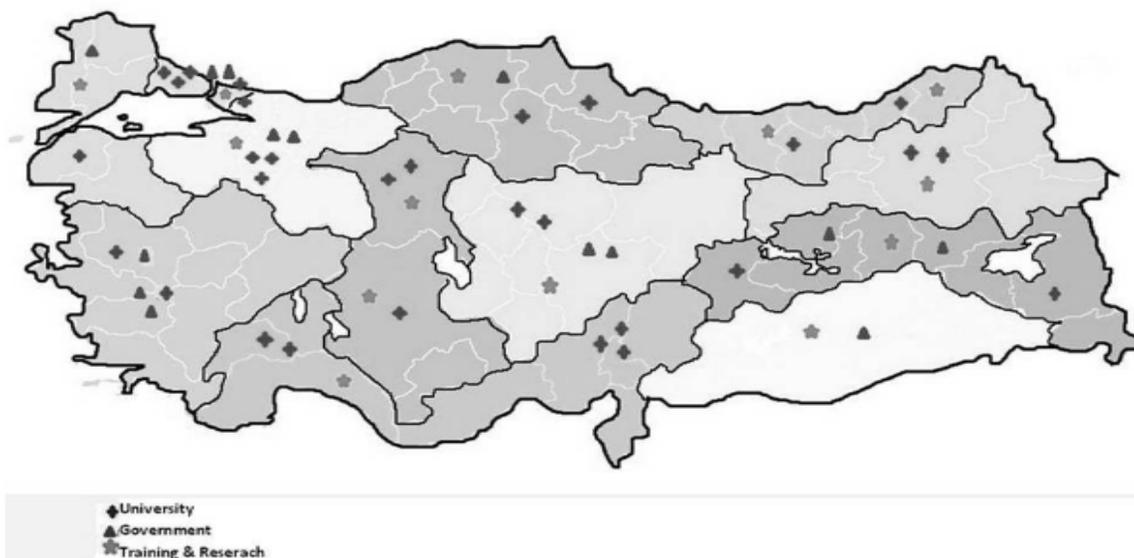
## MATERIAL and METHOD

Data was requested from 78 selected hospitals those were distributed to 12 regions according to Statistical Classification of Regional Units of Turkish Statistical Institute and expected to be sent quarterly.(6) Among these 55 hospital sent data, and distribution of them to the regions and institutions are shown in Figure 1. Distribution according to institutions for university, education and research and state hospital were 28, 13 and 14, respectively (Figure 1). This is a sentinel study and does not represent the regions. Data were collected by either Excel or Backlink interface programme, and analysed by WHONET (3,9).

The collected resistance data of the selected bacterial species, clinical samples, antimicrobials and test methods were: *Staphylococcus aureus* (blood):

cefoxitin disk diffusion or oxacillin minimum inhibitory concentration (MIC), if not susceptible confirmation tests (PCR *mecA* gen or PBP2a agglutination or MIC of oxacillin), vancomycin MIC, linezolid, rifampin; *Enterococcus faecalis* and *Enterococcus faecium* (blood): amoxicillin and/or ampicillin, HL gentamicin ve streptomycin, vankomycin MIC and teicoplanin MIC and if resistant confirmation by PCR, linezolid; *Streptococcus pneumoniae* (blood and CSF): oxacillin disk (1 µg), if not susceptible penicillin MIC, cefotaxime/ceftriaxone MIC, erythromycin, norfloxacin screening, if not susceptible: ciprofloxacin and/or ofloxacin and/or levofloxacin MIC; *Escherichia coli* and *Klebsiella pneumoniae* (blood and CSF): amino-penicillin (amoxicillin and/or ampicillin), aminoglycoside (gentamicin and/or tobramycin and/or amikacin), fluoroquinolone (ciprofloxacin and/or ofloxacin and/or levofloxacin and nalidixic acid), 3rd generation cephalosporins (cefotaxime or ceftriaxone and ceftazidim), if 3rd generation cephalosporins are not susceptible ESBL detection, if tested: imipenem/meropenem, piperacillin-tazobactam, co-trimoxazole (TMP/SXT); *Pseudomonas aeruginosa* (blood and CSF): piperacillin and/or piperacillin-tazobactam, ceftazidim, imipenem and meropenem, ciprofloxacin and/or levofloxacin, gentamicin and/or tobramycin and/or amikacin (3,8).

Tests have been studied by the microbiology laboratories of the selected hospitals. Blood culture were inoculated to automatize systems (Bactec Becton Dickinson; Bact/alert BioMerieux), the signaling blood cultures were passaged and CSF were inoculated to routine media, for identification the automatize systems which were Phoenix (Becton Dickinson), Vitek MS (BioMerieux), Microscan Diagnostic (Siemens) or the conventional tests those were commented in SOP documentation were studied (3). Antimicrobial susceptibility tests were studied and evaluated according to Clinical and Laboratory Standards Institute (CLSI) standards and tests were done by Kirby Bauer disk diffusion, antibiotic



**Figure 1.** Distribution of the participating laboratories of university, government, and training and research hospitals those sent data to NAMDSS from 12 NUTS region of Turkey

gradient strip test and/or automatize systems afore mentioned.

## RESULTS

The distribution of the resistance percentages of the isolates according to clinical material, and the patients gender, age group and service were shown in Table 1. For *S. pneumoniae* 85.6% and for the others more than 95% were isolated from blood cultures. When distribution of isolates to the patients regarded, women/men were very close to each other where more than 75.4% were adults according to age groups. Higher percentages were isolated from intensive care unit (ICU), and internal services showed higher percentages than surgical services. Paediatrics and emergency services had lower percentages than surgical services (Table 1).

The resistance percentages of *S. aureus* (1437) strains were presented in Table 2. MIC of oxacillin could be studied in 887 of the strains and 31.5% (n=280) of them were meticillin resistant *S. aureus*

(MRSA). Among these rifampin, linezolid and vancomycin resistance percentages were 65.3%, 2.3%, and 0.0%, respectively, and it was observed that except vancomycin, the resistance percentages of the other antimicrobials have been increased. When the services was regarded, it was seen that MRSA and rifampin resistance percentages were the highest in ICU and surgical services, and on the contrary, the number of the isolates were the highest in internal services which was followed by ICU and surgical services.

The resistance percentages of *E. faecalis* (n=760) and *E. faecium* (n=756) isolates were presented in Table 3. For *E. faecalis* isolates resistance of linezolid, vancomycin and teicoplanin were lower than 1%, but high level (HL) aminoglycoside resistance was present almost in one over three isolates. On the other hand, resistance of ampicillin and vancomycin for *E. faecium* were 88.1% and 17%, respectively, and the other antimicrobials had higher resistance percentages than *E. faecalis*. Among vancomycin resistant *E. faecium* (n= 107) the resistance percentages of ampicillin, HL- gentamicin,

**Table 1.** Distribution of the resistance percentage of the isolates according to clinical material, gender, age group and the services

Bacteria (n)	<i>S.aureus</i> n=1437		<i>E.faecalis</i> n=760		<i>E.faecium</i> n=756		<i>S.pneumoniae</i> n=128	<i>E.coli</i> n=2280		<i>K.pneumoniae</i> n=1307		<i>P.aeruginosa</i> n=825
		MRSA		VRE		VRE			GSBL		GSBL	
<b>Clinical material</b>												
Blood	97.7	99.1	98.4	100.0	98.0	95.0	85.6	99.4	99.3	98.7	98.2	97.1
CSF*	2.3	0.9	16	0.0	2.0	5.0	14.4	0.6	0.7	1.3	1.8	2.9
<b>Gender</b>												
Female	43.8	39.2	49.7	57.1	44.7	46.0	40.5	48.2	46.2	42.8	43.6	47.6
Male	56.2	61.8	50.3	42.9	55.3	54.0	59.5	51.8	53.8	57.2	56.4	52.4
<b>Age Group</b>												
New born	4.3	1.8	1.8	0.0	1.6	1.8	1.6	1.5	1.0	5.6	8.6	1.1
Children	11.6	8.0	11.2	14.3	17.5	21.4	20.3	9.3	9.7	19.0	25.5	11.5
Adult	84.1	90.2	87.0	85.7	80.9	76.8	78.1	89.2	89.3	75.4	65.9	87.4
<b>Service</b>												
ICU †	26.8	54.7	40.7	42.9	38.1	48.4	15.2	16.7	18.4	32.4	34.2	42.2
Internal services	45.5	25.6	30.8	42.9	33.6	20.2	45.5	50.7	48.8	33.5	24.0	31.5
Surgical services	9.1	9.4	15.7	0.0	11.8	12.9	3.8	15.7	18.9	10.0	8.8	14.1
Pediatrics	8.2	6.0	5.2	0.0	11.2	12.1	13.6	5.8	6.7	13.0	19.3	6.6
Emergency	5.6	2.6	2.6	0.0	1.8	0.0	18.2	8.7	6.6	4.3	3.8	3.7
Others	4.8	1.7	5.0	14.3	3.4	6.5	3.8	2.4	0.6	6.8	9.9	1.9

\*cerebro spinal fluid

† Intensive care unit

**Table 2.** Antimicrobial resistance percentage of *S. aureus* (n= 1437) isolates

Antimicrobial	Isolate (n)	R%	I%	S%	R 95% - C.I.%
Rifampin	930	17.9	0.4	81.8	15.4-20.4
Linezolid	1050	1.0	0.0	99.0	0.5-1.9
Vancomycin	881	0.0	0.0	100.0	0.0-0.0

**Table 3.** Antimicrobial resistance percentages of *E. faecalis* (n=760) and *E. faecium* (n=756) isolates

Antimicrobial	Enterococcus spp.	Isolate(n)	R%	I%	S%	R 95% - C.I.%
Ampicillin	<i>E. faecalis</i>	626	9.7	0.0	90.3	7.6-12.4
	<i>E. faecium</i>	589	88.1	0.0	11.9	85.1-90.5
Gentamicin-HL*	<i>E. faecalis</i>	476	29.2	0.6*	70.2	25.2-33.5
	<i>E. faecium</i>	486	52.3	0.0	47.7	47.8-56.8
Streptomycin-HL	<i>E. faecalis</i>	219	31.1	1.8*	67.1	25.1-37.7
	<i>E. faecium</i>	253	49.0	2.0*	49.0	42.7-55.3
Linezolid	<i>E. faecalis</i>	528	0.4	1.1	98.5	0.1-1.5
	<i>E. faecium</i>	495	0.6	2.8	96.6	0.2-1.9
Vancomycin	<i>E. faecalis</i>	666	0.9	0.6	98.5	0.4-2.1
	<i>E. faecium</i>	630	17.0	0.8	82.2	14.2-20.2
Teicoplanin	<i>E. faecalis</i>	457	0.3	0.6	99.1	0-1.4
	<i>E. faecium</i>	457	0.3	0.6	99.1	0-1.4

\*High Level

HL-streptomycin, linezolid, and teicoplanin were 98.5%; 75.6%; 46.7%; 2.8%; and 95.3%, respectively and resistance percentages were increased in this group. Regarding the services, for *E. faecalis* / *E. faecium* the highest resistance for vancomycin and teicoplanin were observed in neonatology, and for ampicillin in hematology and oncology.

The antimicrobial resistance percentages for *S. pneumoniae* (n=128) were presented in Table 4. Blood isolates were 85.6% of the total, however, for penicillin G, ceftriaxone and cefotaxime, the breakpoint of both meningitis and non meningitis were evaluated for all of the isolates. When evaluated with non-meningitis breakpoints, the resistance percentages were lower than 5.2% for all of the antimicrobials other than erythromycin, and when evaluated with meningitis breakpoints it was observed that the resistance percentages increased to 14.3-44.8% (Table 4). Among the penicillin resistant isolates, 20 of them have been studied for the other antimicrobials, and for cefotaxime for meningitis, resistance and intermediate increased to 26.7% and 33.3%, respectively. Similarly, erythromycin

resistance was observed in 13 isolates those were penicillin resistant.

The antimicrobial resistance percentages for *E. coli* (2280) and *K. pneumoniae* (1307) were presented in Table 5, where the resistance percentages for the same antimicrobials among ESBL positive 927 *E. coli* (51.6%) and 506 *K. pneumoniae* (54.0%) isolates were presented, as well. In this table intermediate strains were added to resistant group, and susceptible group was not presented. The resistance percentages of the extended spectrum beta-lactamase (ESBL) positive group is higher than the total for all of the antimicrobials including those which does not have beta-lactam ring and effective with other mechanisms, as expected. On the other hand, when *K. pneumoniae* isolates compared to *E. coli* isolates, beta-lactam antimicrobials and amikacin showed higher resistance, trimethoprim/sulfamethoxazole nearly the same, and the others showed lower resistance for *K. pneumoniae*. However the difference was low, mostly in fluoroquinolones with 24.9% difference which is the highest (Table 5).

The antimicrobial resistance percentages for *P.*

**Table 4.** Antimicrobial resistance percentages of *S. pneumoniae* (n=128 ) isolates

Antimicrobial	Site of Infection	Isolate(n)	R%	I%	S%	R 95% - C.I.%
Penicillin G*	Non meningitis †	58	5.2	6.9	87.9	0.0-40.2
Penicillin G	Meningitis †	58	44.8	0.0	55.2	31.9-58.3
Ceftriaxone *	Non meningitis †	14	0.0	21.4	78.6	0.0-26.8
Ceftriaxone	Meningitis †	14	21.4	21.4	57.2	5.7-51.2
Cefotaxime*	Non meningitis †	41	0.0	14.6	85.4	0.0-69.0
Cefotaxime	Meningitis †	41	14.3	23.8	61.9	6.0-29.2
Levofloxacin		78	2.6	0.0	97.4	0.5-9.9
Erythromycin		100	32.0	2.0	66.0	23.2-42.2

\*Penicillin G, ceftriaxone, cefotaxim, have been studied by determination of MIC values, others either disk diffusion or MIC determination.  
 †The breakpoint of the antimicrobial is changed by the site of infection which cause difference in the percentage of resistance.

**Table 5.** Antimicrobial resistance percentage of *E. coli* (n= 2280); ESBL positive *E. coli* (n= 927) and *K. pneumoniae* (n=1307); ESBL positive *K.pneumoniae* (n=506) isolates. (Intermediate have been added to resistant.)

Antimicrobial	<i>E. coli</i>		<i>K. pneumoniae</i>	
	Isolate (n)	R%	Isolate (n)	%R
Ampicillin	1073	77.5		
Ampicillin (ESBL +)	458	98.0		
Ceftazidime*	1536	37.8	850	49.3
Ceftazidime (ESBL +)	607	76.0	313	84.3
Ceftriaxone*	581	55.7	272	58.7
Ceftriaxone * (ESBL +)	263	96.0	101	97.0
Cefotaxime*	1306	49.2	794	57.6
Cefotaxime* (ESBL +)	493	91.0	284	95.1
Amikacin	1701	5.3	980	9.1
Amikacin (ESBL +)	666	7.0	365	14.4
Gentamicin	1712	30.8	957	27.7
Gentamicin (ESBL +)	640	51.0	343	45.1
Tobramycin	105	42.9	69	31.9
Tobramycin (ESBL +)	54	65.0		
Ciprofloxacin	1249	47.2	772	35.7
Ciprofloxacin (ESBL +)	410	72.0	269	52.2
Levofloxacin	1088	49.7	573	31.2
Levofloxacin (ESBL +)	458	72.0	218	47.1
TMP/SXT	688	58.0	498	54.8
TMP/SXT (ESBL +)	229	75.0	177	78.0

\*For *E. coli* 149 isolate, for *K. pneumoniae* 69 isolate have been studied for both of the cephalosporins. Other isolates have been studied either one of the cephalosporin .

**Table 6.** Antimicrobial resistance percentages of *P. aeruginosa* (n= 825) isolates

Antimicrobial	Isolate (n)	R%	I%	S%	R 95% - C.I.%
Piperacillin	236	36.4	0.0	63.6	29.9-42.5
Piperacillin/tazobactam	533	22.7	0.7	76.6	18.9-26.1
Ceftazidime	701	30.2	10.4	59.4	26.8-33.7
İmipenem	675	28.9	4.4	66.7	25.5-32.5
Meropenem	584	21.2	5.9	72.9	18.0-24.8
Amikacin	630	8.4	2.7	88.9	6.3-10.8
Gentamicin	625	15.0	3.0	82.0	12.3-18.1
Tobramycin	95	16.8	0.0	83.2	10.2-26.2
Ciprofloxacin	552	16.8	1.8	81.4	13.8-20.2
Levofloxacin	480	22.0	9.0	69.0	18.5-26.1

*aeruginosa* (825) were presented in Table 6, where the resistance percentages were changed in between 8.4% (for amikacin) and 36.4% (for piperacillin).

## DISCUSSION

Rational usage of antimicrobial agents is a must to struggle with resistance development. For this purpose, appropriate policies should be developed, like prevention of sale of antimicrobials on the counter, training of public, for clinicians writing guidebooks for logical usage of antimicrobials, etc. On the other hand, precautions for reducing the infection burden should be taken as well, such as following evidence-based guidelines for preventing healthcare-associated infections, training of the health-care workers or for community acquired by vaccinations and some other measures. (9,12,13) Determination of the current situation is one of the steps that should be taken and NAMRSS was established for this purpose. The results showed that, the bacteria those were followed up were isolated mostly from blood samples, adults, ICU and internal services which are found reasonable.

NAMRSS released first report for the data of 2011. (14) For *S. aureus*, our data shows that 31.5% is MRSA, which makes it impossible to use beta-lactam antimicrobials which are first line drugs suggested by CLSI standards, with these isolates. According to CLSI, there is grouping of the antimicrobials in order to combat with antimicrobial resistance by encouragement of usage of primary drugs and limiting the usage of secondary drugs, and nearly one of every three isolates need second group drugs by this data (8). When it was compared to the older data of our country which is presented in Figure 2 (15), the percentages of MRSA was decreased from 43% to 31.5%, and it may be due to improvement in hospital infection control measures (12,15,16). Another study from our country emphasized similar decrease in MRSA in blood cultures (17). However, it is still higher than many of the European countries and this is a finding that should be emphasized. According to EARS-Net 2011 report, MRSA percentages from 28 countries from Europe were changing in between 0.3%- 54.6%, and only six of them were higher than our data (18). In the contrary, Mediterranean region showed higher MRSA percentages in five of nine countries than our results (19). A surveillance study

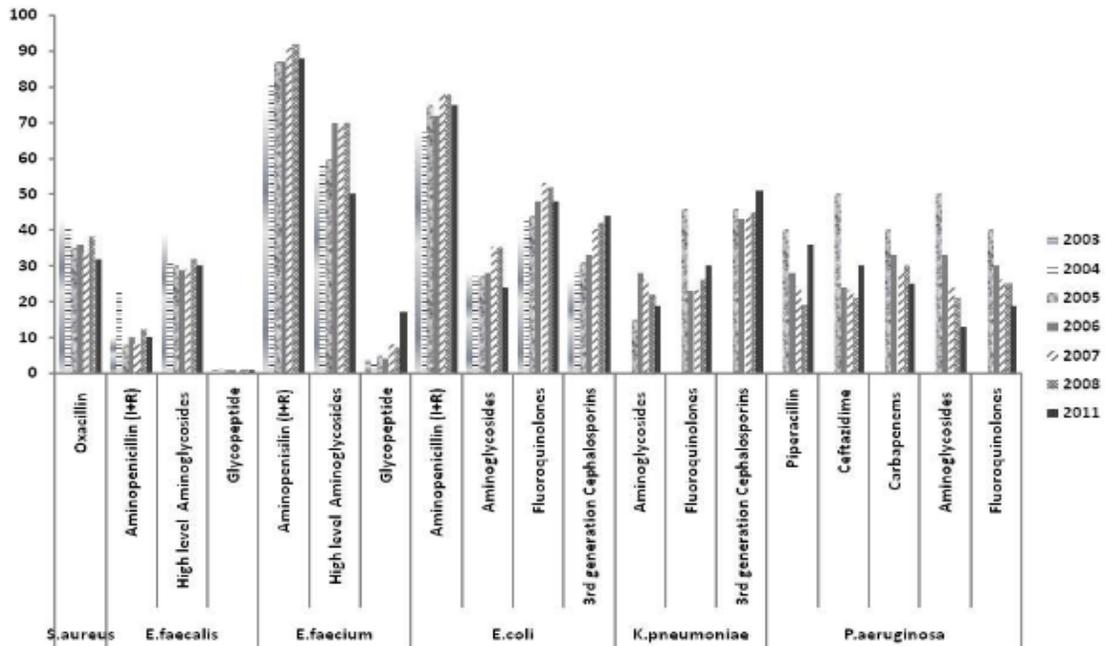


Figure 2. The comparison of data of the selected bacteria and resistance of the selected antimicrobials of NAMRSS in 2011, and the data of Turkey in between 2003-2008 those were sent to EARSS.

from China MRSA was 26.6%, lower than ours (20). The resistance of the second group antimicrobials according to CLSI those were followed were rifampin, linezolid and vancomycin and they were found to be effective (8,14). On the other hand, when focused on MRSA strains, it was observed that the resistance percentage increases for the antimicrobials other than vancomycin. Linezolid resistance was also higher in our country with 1%, which was 0.06 in EARS-Net 2011, that may be due to extensive usage in our country. Rifampin resistance was totally 1.1% in 27 country and only Poland (27.4%) had a higher percentage than our country (18). Rifampin is used in surgery services for surgical wound treatment extensively, and precautions are required. These findings point out that usage policies need to be developed especially for *S. aureus* with linezolid and rifampin.

For *E. faecalis*, other than high level (HL) aminoglycoside, the resistance percentage is

lower than 1-10%, which means the antimicrobials mentioned are effective including first line drug ampicillin. Besides, our resistance percentages for HL aminoglycoside are lower than EARS-Net (2011) for 12/20 of the countries (18). Another study from our country has similar results with 3% resistance for ampicillin, teicoplanin and vancomycin, and HL resistance was 16.9% and 32.4% for gentamicin and streptomycin, respectively, which are similar to our data (21). On the other hand for *E. faecium* ampicillin have no use, and HL aminoglycosides are resistant for nearly one of every two strains. However, the other three antimicrobials are found to be effective, but vancomycin resistant isolates are resistant for teicoplanin (95.3%) and the only option is linezolid for these strains. Most of the European countries have lower resistance levels than ours for vancomycin (18). According to the other study from Turkey, the resistance percentages were slightly higher than NAMRSS except vancomycin (21). When the difference of resistance against time

was evaluated, nearly all of the antimicrobials showed similar resistance percentages with NAMRSS results for both of the species except *E. faecium* vancomycin resistance, which was changing in between 3-7% in European Antimicrobial Resistance Surveillance System (EARSS) 2008 report but 17% in NAMRSS (15). This may be due to extensive usage of vancomycin, especially in empirical therapy, which is an issue to discuss with clinicians. However, there was no statistically important difference for the resistance percentages for the other antimicrobials in time.

*S. pneumoniae* causes local infections and blood stream infections as well as meningitis, which have different breakpoints so that higher resistance percentages are present for the latter (8). Penicillin is a primary drug for *S. pneumoniae* and by 87.9% susceptibility, it is still the first choice for non-meningitis infections (8). Erythromycin is a primary drug as well, but it has no use in treatment unless it is found susceptible in AST, and regarding the dual resistance with penicillin that was observed in this study, it cannot be an alternative drug for penicillin resistant *S. pneumoniae*. Levofloxacin has a higher susceptibility percentage than the other second line antimicrobials, suggesting that it is a valid option when there is need to use other than beta-lactam antimicrobials. On the other hand, when the infection is meningitis, none of the beta lactams can be used for empirical treatment. In 2007-2008 data of EARSS those belong to Turkey, penicillin non-susceptible percentages were 26% and 47% for blood and CSF, respectively, which were higher for blood and lower for CSF than NAMRSS findings (15). The difference may be due to the smaller sampling of that project or due to usage during the time period in between. When compared with European countries, our findings are within the range but higher than most of the countries (11). When compared with ARMed Project in between 2003-2005, the resistance percentages of penicillin,

erythromycin and dual resistance were lower in Turkey than most of the Mediterranean countries, but NAMRSS data shows higher resistance frequency than data of Turkey in ARMed Project, which may be due to extensive usage in time (22). Another study from China showed penicillin resistance 25.7%, and cefuroxime resistance increase to 38.2% and 35.3% for penicillin resistant group, where it was 1.9% and 1.1%, respectively in penicillin susceptible group, indicating dual resistance (20).

*E. coli* and *K. pneumoniae* strains showed similar resistance percentages, and other than amikacin, none of the antimicrobials seem to be useful for empirical treatment. Besides ESBL is positive nearly in one of every two strains, those show higher resistance percentages for the other antimicrobials and makes therapy more difficult. According to the finding of another project from our country, the ESBL frequency was 39.7% and 38.8% for *E. coli* and *K. pneumoniae*, respectively, in 2007, which indicates the increase in the percentage in time (24). A Chinese surveillance study found 56.2% and 42.7%, respectively for the same bacteria, which were similar to our data (20). On the other hand, ampicillin susceptibility in ESBL negative group is found nearly one in every five isolates, so that it is possible to use this first group drug after AST results are available. This fact should be taken into account especially for automated systems, where there is limited opportunity for antimicrobials so that selection of the antimicrobials is of consideration. On the other hand, according to EARSS 2008 report, it was observed that resistance was increasing for aminopenicillins, aminoglycosides, fluoroquinolones and 3rd generation cephalosporins in between 2003 and 2008 in our country (Figure 2) (15). Besides, it was found that resistance percentages were slightly lower in NAMRSS than EARSS 2008, with exception of fluoroquinolones and 3rd generation cephalosporins for *K. pneumoniae*, that may be due to sampling differences as well as usage differences in time. On

the other hand, in ARMed Project which was covering 2003-2005, *E. coli* resistance findings were lower for aminoglycosides, 3rd generation cephalosporins and fluoroquinolones, but similar for aminopenicillins, indicating the increase in resistance in time (23). This increase is valid for European countries, too, even though the percentages are lower than our country. (16) According to EARS-Net 2011, the resistance percentages were lower than ours in most of the countries for most of the antimicrobials. (18) It is necessary to think over these findings and measures should be taken to reduce resistance.

*P. aeruginosa* results shows that if aminoglycosides and fluoroquinolones are selected for empirical therapy, the chance of success in treatment will increase. On the other hand first group antimicrobials like ceftazidime and piperacillin cannot be used for empirical treatment, but second group drugs like amikacin and ciprofloxacin can. The

comparison of data according to time in our country, the resistance percentages seems to get lower, except for piperacillin and ceftazidime for NAMRSS (15). This may be due to the sample differences. Like other bacteria, *P.aeruginosa* have higher resistance percentages than most of the countries in Europe (18).

## CONCLUSION

The results of all of the antimicrobial agents point out that there is increase in resistance in time, and among the countries in close geographical region, the resistance is higher in our country in most cases. These findings indicate that there is need for developing policies to combat with resistance. This first surveillance results will be a milestone for discussing about these policies and also be useful to compare the results of following NAMRSS in the future to evaluate the benefit of the measures taken.

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