The effect of heparin on the cell cycle in human B-lymphoblasts: An in vitro study

Heparinin insan B-lenfositlerinin hücre döngüsüne etkisi: Bir in vitro çalışma

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Abstract

Objective: Heparin has been shown to be a strong inhibitor of the proliferation of several cell types. In this in vitro study, we investigated whether different heparin concentrations can affect the cell cycle of lymphoblasts in newly diagnosed acute lymphoblastic leukemia (ALL) patients.

Materials and Methods: Lymphoblasts were incubated in different heparin concentrations (0, 10, 20 U/ml), and the percentages of lymphoblasts in each phase of the cell cycle were simultaneously measured by flow cytometry at 0, 1, and 2 hours (h).

Results: The percentages of lymphoblasts at the G2/M and S phases were significantly increased in 20 U/ml heparin concentration at 1 h compared to 0 U/ml (without heparin) concentration. We demonstrated that heparin increases the percentages of lymphoblasts in the S and G2/M phases in a concentration- and time-dependent manner.

Conclusion: It was shown that heparin expands the proliferation of lymphoblasts by increasing the transition to G2/M and S phases and the S-phase fraction ratio. Heparin thus appears promising for its contribution to new treatment fields such as by providing a synergistic effect with chemotherapeutic drugs. (Turk J Hematol 2010; 27: 242-9)

Key words: Cell cycle, heparin, leukemia

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Özet

Amaç: Heparin, çeşitli hücre tiplerinde proliferasyonun güçlü bir inhibitörü olduğu gösterilmiştir. Bu in vitro çalışmada; akut lenfoblastik lösemi (ALL) tanı alan hastalarda farklı heparin konsantrasyonlarının lenfoblast hücre döngüsündeki fazlara etkisi araştırılmıştır.

Yöntem ve Gereçler: Lenfoblastlar 0 (heparinsiz), 10 ve 20 U/mL heparin konsantrasyonlarına maruz bırakularak 0, 1 ve 2 saatlerde lenfoblastların hücre döngüsü oranları FCM ile ölçüldü.
Introduction

Heparin, which is generally used as an anticoagulant but has been shown to have additional biological activities, was determined in several clinical trials to have an effect on malignancies. The activities of heparin include anticoagulant, tissue factor pathways inhibitor release, heparinase inhibition, selectin-mediated interaction inhibition, modulation of the activity of some proteases and extracellular matrix components, and growth factor binding [1-6].

Leukemia cells were found sensitive to chemotherapeutic agents that either interfere with the cell cycle or cause apoptosis [7-9]. Some anti-cancer reagents cause cell death through interfering with the processes of the cell cycle, while others cause cell death by apoptosis, which plays an important role in the balance between cell replication and cell death [7,10]. Almost all conventional anticancer drugs are primarily effective against rapidly dividing cells [11]. Compared with proliferating lymphocytes, a 500-fold higher concentration of chemotherapeutic drug is required to kill resting cells [12]. In initial acute lymphoblastic leukemia (ALL), a higher fraction of proliferating cells seems to result in a higher efficacy of the chemotherapeutic drug targeting the cell division cycle. Interestingly, at first presentation of childhood ALL, the prognostic value of the proliferative capability of lymphoblasts remains controversial, and there is no clear evidence of an association with prognosis [13-15]. However, in in vitro experiments, an increased proliferation rate was associated with good response to treatment [15].

The S-phase fraction (SPF) measures the percentage of a given cycling subpopulation between G0/G1 and G2/M phases, and it reflects cell proliferation [16]. The SPF has been studied in different malignancies including ALL for the purpose of classification or prognosis. It has been proven to be a useful prognostic marker in types of solid cancers and leukemia [14,17-19]. However, contradictory results have been reported concerning the prognostic value of the SPF of leukemia cells [13-15].

To date, no study dealing with the proliferative activity of heparin in human lymphoblasts has been undertaken. In this in vitro study, we investigated whether heparin can affect proliferation of lymphoblasts in newly diagnosed ALL patients. We also attempted to establish by flow cytometry (FCM) which phase in the cell cycle of the lymphoblasts can be considered heparin-sensitive. This was determined by analyzing the correlation between the SPFs and the effect of heparin on the lymphoblast cell cycle.

Materials and Methods

Twelve children (8 girls, 4 boys; age: 2-15 years) with newly diagnosed ALL (all had B-cell leukemia) were included in the study with the written consent of their parents. The clinical features of the 12 patients are shown in Table 1. Diagnosis of the patients was done according to the findings of complete blood counts, peripheral and bone marrow aspiration (BMA) smears, histochemical staining of BMA smears, and FCM analysis (Coulter Epics Elite ESP Flow Cytometry) of BMA materials. ALL was diagnosed by examining a lymphoblast population of more than 25% in the BMA smears. No patients had Philadelphia chromosome.

Cell typing

CD3 PE (Coulter PN IM1282), CD7 FITC (Coulter PN IM0585), CD10 FITC (Coulter PN IM0471), CD13 FITC (Coulter PN IM0778), CD14 FITC (Coulter PN IM0650), CD19 FITC (Coulter PN IM1284), CD20 FITC (Coulter PN IM1455), CD33 FITC (Coulter PN IM1179), CD45 FITC (Coulter PN IM0782) and MPO FITC (Coulter PN IM1874) monoclonal antibodies
were used for the diagnosis of ALL. All patients had monoclonal antibody positivity for B-cell leukemia.

**Separation of Blast Cells**

Bone marrow aspiration (BMA) materials were drawn into a tube with ethylene diamine tetraacetate (EDTA). The same quantities of phosphate-buffered saline (PBS) and the BMA sample were added into the tube. The sample was stirred, and waited for 30 minutes (min) at room temperature. Buffy coat obtained from the upper surface of the specimen was added onto Ficoll-Hypaque 1077 (lymphocyte separation medium Gibco BRL 13010-12, Grand Island, NY) and centrifuged at 700 g for 30 min. Mononuclear cells containing ≥90% lymphoblasts were obtained from the upper surface of the specimen and washed twice with PBS to exclude debris. The blast cells were suspended at a concentration of 3-5 x10⁵ cells/ml in RPMI with L-glutamine without sodium bicarbonate medium (Sigma R-6504, Miami, FL). 100 ml of each material was studied for immunotyping by FCM. The remaining amount of each sample was kept at -80°C approximately five-seven months until the study was performed. Viability of lymphoblasts was again determined after having the samples using acridine orange. Lymphoblasts with viability higher than 70% were used in the study.

Pure heparin was used in the study (Sigma Biochemicals and Reagents-2001 Catalog, Sigma H 3149). The purity and activity of heparin were Grade I, ≥140 USP unit/mg. The heparin did not include the additional stabilizing agents. The blast cell suspensions were thawed at room temperature. No heparin (0 U/ml) or different heparin concentrations (10, 20 U/ml) were added on the blast cells (1 ml). Each tube included different heparin concentrations and was divided into three different tubes. All the samples were processed with a Coulter DNA-prep reagent kit (CN: 640445) at 0, 1, and 2 hours (h). The DNA-prep reagent kit contained DNA prep-LPR solution (<0.1% potassium cyanide, <0.1 sodium nitride, nonionic detergents, saline, and stabilizers) and the DNA-prep stain (50 μg/ml propidium iodide [PI], <0.5% NaN₃, saline, and stabilizers). The blast membranes were pored by the DNA-prep LPR solution, and RNAs and DNAs of the blasts were stained with PI. Stained RNAs were removed from the medium by RNAse; therefore, DNA content was marked by PI. The aliquots were taken following 0, 1, and 2 h, and FCM analyses were carried out for cell cycle of the blast cells in a Coulter Epics Elite Flow Cytometer (Multicycle DNA, Phoenix Flow Systems, San Diego, CA). The FCM analyses were immediately done within 3-5 seconds after adding no heparin or different heparin concentrations (0, 10 and 20 U/ml) on to the blasts.

Flow cytometric (FCM) analyses could not be performed in 10 and 20 U/ml heparin concentrations at 3h because the samples were seen to have transformed into a gelatinous substance. A gelatinous substance similarly developed following the addition of higher heparin concentrations (30 and 50 U/ml) into the lymphoblast samples.
The percentages of the cells in the G0/G1, G2/M and S phases were determined from an analysis using the PEAK computer program, generously provided by Dr. Phillip Dean [20]. Since only samples that contained more than 80% leukemic cells were included, the lymphoblast proliferative activity was expressed in terms of the calculated percentage of cells in the S phase of their cycle.

The fraction of cells in the G0/G1, S and G2/M phases of the cell cycle is mathematically determined from the DNA distribution. The SPF is the fraction of the total cell population in the S phase of the cell cycle [16].

\[
\text{SPF} = \frac{S}{G0/G1 + S + G2/M} \times 100
\]

### Statistical Analysis

Data obtained from FCM and fluorometrik measurements were analyzed by the SPSS version 10.0 statistical package program. Variance analysis was used in the repeated measurements and the comparison of groups. The normal distribution of the data was assessed by Kolmogorov-Smirnov test. Paired t test (post hoc) was used to determine the statistically significant differences between measurements using different heparin concentrations. Results were calculated as arithmetic mean ± standard deviation (x±SD).

### Results

The cell cycle analyses were performed without heparin and with heparin at varying concentrations (0, 10 and 20 U/ml) at 0, 1, and 2h after adding heparin on to the lymphoblasts. However, the samples with heparin were seen to transform into a gelatinous substance after 2 h; hence, FCM analysis could not be performed.

The mean percentage of blast cells in the G0/G1 phase in 20 U/ml heparin concentration at 1 h was significantly lower than in 0 U/ml (without heparin) and 10 U/ml heparin concentrations at 1 h (p<0.001), and in 20 U/ml heparin concentration at 0 h (p<0.001). There were significant differences between the percentage of the lymphoblasts in 20 U/ml and 10 U/ml heparin concentrations and 0 U/ml (without heparin) at 2 h (p<0.001).

The mean percentage of blast cells in the G2/M phase in the different heparin concentrations at 0, 1, and 2 h are shown in Table 3. There were significant differences in the mean percentage of blast cells in the G2/M phase in 0 U/ml (without heparin) concentration at 0, 1, and 2 h (p<0.001). The lowest percentage of blast cells in the G2/M phase was determined in 0 U/ml without heparin concentration at 2 h. The highest percentage of blast cells in the G2/M phase was determined in 20 U/ml heparin level at 1 h. The mean percentage of blast cells in the G2/M phase in 20 U/ml heparin concentration at 1 h was significantly higher than those in 0 U/ml and 10 U/ml heparin concentrations at 1 h (p<0.001), and in 20 U/ml heparin concentration at 0 h (p<0.003). The mean percentage of blast cells in 20 U/ml heparin level at 1

### Table 2. Percentages of lymphoblasts in the G0/G1 phase in 0 U/ml (without heparin), 10 and 20 U/ml heparin concentrations at 0, 1, and 2 hours (%, mean±SD, min.-max.)

<table>
<thead>
<tr>
<th>Heparin</th>
<th>Time (hour)</th>
<th>0</th>
<th>1</th>
<th>2</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 U/ml</td>
<td></td>
<td>97.80±0.51&lt;sup&gt;a&lt;/sup&gt;</td>
<td>97.72±0.47&lt;sup&gt;d&lt;/sup&gt;</td>
<td>97.62±0.48&lt;sup&gt;g&lt;/sup&gt;</td>
</tr>
<tr>
<td>10 U/ml</td>
<td></td>
<td>97.0 - 98.5</td>
<td>97.0 - 98.3</td>
<td>96.9 - 98.2</td>
</tr>
<tr>
<td>20 U/ml</td>
<td></td>
<td>97.9 - 92.0</td>
<td>82.4 - 89.0</td>
<td>90.0 - 92.0</td>
</tr>
</tbody>
</table>

<sup>a-b, a-c, c-f, c-i, d-e, d-f, e-h, e-f, g-h, g-i, h-i: p<0.001, b-h: p<0.001</sup>

### Table 3. Percentages of lymphoblasts in the G2/M phase in 0 U/ml (without heparin), 10 and 20 U/ml heparin concentrations at 0, 1, and 2 hours (%, mean±SD, min.-max.)

<table>
<thead>
<tr>
<th>Heparin</th>
<th>Time (hour)</th>
<th>0</th>
<th>1</th>
<th>2</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 U/ml</td>
<td></td>
<td>1.16±0.42&lt;sup&gt;a&lt;/sup&gt;</td>
<td>1.18±0.42&lt;sup&gt;d&lt;/sup&gt;</td>
<td>1.08±0.43&lt;sup&gt;g&lt;/sup&gt;</td>
</tr>
<tr>
<td>10 U/ml</td>
<td></td>
<td>0.5 - 1.9</td>
<td>0.5 - 1.9</td>
<td>0.4 - 1.8</td>
</tr>
<tr>
<td>20 U/ml</td>
<td></td>
<td>4.1 - 10.1</td>
<td>1.8 - 7.4</td>
<td>1.3 - 4.0</td>
</tr>
</tbody>
</table>

<sup>a,b, a-c, b-e, b-h, d-f, e-h, e-i, g-h, h-i: p<0.001, b-h: p<0.001</sup>
h was significantly higher than those in 0 U/ml (without heparin) and 10 U/ml heparin levels (p<0.001).

The mean percentage of blast cells in the S phase in different heparin concentrations at 0, 1, and 2 h are shown in Table 4. The mean percentage of blast cells in the S phase in 0 U/ml (without heparin) concentration was the same at 0, 1, and 2 h. The lowest percentage of blast cells in the S phase was determined in 0 U/ml (without heparin) concentration. The highest percentage of blast cells in the S phase was determined in 20 U/ml heparin concentration at 1 h. The mean percentage of the blast cells in the S phase in 20 U/ml heparin concentration at 1 h was significantly higher than in 0 U/ml (without heparin) and 10 U/ml heparin concentrations (p<0.001, p<0.006, respectively) and in 20 U/ml heparin concentration at 0 h (p<0.001). There were significant differences between the percentages of the blast cells in 20 U/ml and 10 U/ml, and 20 U/ml and 0 U/ml heparin levels in S phase at 1 h (p<0.001), and the highest percentage of the lymphoblasts in S phase at 2 h was detected in 20 U/ml heparin level.

In the 0 U/ml (without heparin) concentration at 0 h, 97.80% of the lymphoblasts were in the G0/G1 phase, and this value dropped to 76.91% in 20 U/ml heparin concentration at 1 h (p<0.001). Similarly, at 0 h, 1.16% of the lymphoblasts were in G2/M phase, and this value increased to 10.21% in 20 U/ml heparin concentration at 1 h (p<0.001). Also at 0 h, 1.03% of the lymphoblasts were in S phase, and this value increased to 13.63% in 20 U/ml heparin concentration at 1 h (p<0.001). G0/G1 phase cell population decreased while G2/M and S phase cells increased in 20 U/ml heparin level at 1 h compared to cell populations at 0 h (p<0.001).

The SPF was determined in the 0 U/ml (without heparin), 10 U/ml and 20 U/ml heparin concentrations at 0, 1 and 2 h, with values ranging from 1-13.6% (data not shown). While the SPF values in the 0 U/ml (without heparin) at 0 h, 1 h and 2 h were 1%, the highest SPF value was 13.6% in the 20 U/ml heparin concentration at 1 h. We found a statistically significant difference in the mean SPF ratio in the 20 U/ml heparin concentration at 1 h compared to the other groups (p<0.05).

Prominent alterations in the cell cycle distribution were observed in 20 U/ml heparin concentration at 1 h. There was a movement of lymphoblast cells from G0/G1 to G2/M and S phases. The percentage of lymphoblasts in the G0/G1 phase was decreased while the percentage of lymphoblasts in the G2/M and S phases was increased in 20 U/ml heparin level at 1 h. This study showed that the effect of heparin in the cell cycle of lymphoblasts was associated with a decrease in the percentage of G0/G1 phase cells and an increase in the percentage of G2/M and S phase cells in a dose- and time-dependent manner. In other words, we found that heparin increases both the percentage of lymphoblast cells in G2/M and S phases and the SPF ratio in 20 U/ml heparin level at 1 h.

In the present study, we have demonstrated that heparin increases the percentages of lymphoblasts in the S and G2/M phases and the SPF ratio in a concentration- and time-dependent manner. This indicates that heparin may induce the proliferation of lymphoblasts by increasing the cell cycle percentages in the G2/M and S phases and the SPF ratio. To the best of our knowledge, no study has reported on the influence of heparin on the cell cycle of lymphoblasts and the correlation with the SPF.

Although previous works demonstrated that heparin could inhibit proliferation of hepatoma cells, vascular smooth muscle cells, renal mesangial cells, and cervical epithelial cells, we have shown that heparin induced lymphoblast proliferation by

<table>
<thead>
<tr>
<th>Heparin</th>
<th>0 (Time hour)</th>
<th>1 (Time hour)</th>
<th>2 (Time hour)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 U/ml</td>
<td>1.03±0.60 a</td>
<td>1.03±0.60 d</td>
<td>1.03±0.60 g</td>
</tr>
<tr>
<td></td>
<td>0.2 - 2.0</td>
<td>0.2 - 2.0</td>
<td>0.2 - 2.0</td>
</tr>
<tr>
<td>10 U/ml</td>
<td>7.43±3.61 b</td>
<td>10.12±2.71 e</td>
<td>6.22±0.95 h</td>
</tr>
<tr>
<td></td>
<td>3.0 - 14.4</td>
<td>7.0 - 15.3</td>
<td>5.0 - 7.9</td>
</tr>
<tr>
<td>20 U/ml</td>
<td>5.45±2.31 c</td>
<td>13.63±3.47 f</td>
<td>12.11±2.73 i</td>
</tr>
<tr>
<td></td>
<td>2.2 - 7.5</td>
<td>10.0 - 21.4</td>
<td>9.9 - 17.4</td>
</tr>
</tbody>
</table>

a, b, c, d, e, f, g, h, i: p<0.001, e-f: p<0.006
increasing the cell cycle percentages in the S and G2/M phases [1,21-24]. The antiproliferative activity of heparin has been linked to the blockage of the G1 phase of the cell cycle, and also reduces the number of cells entering the cycle from G1 [1,3,22,25,26]. Even though it is known from earlier studies that heparin has an antiproliferative effect on non-cancerous cells, it is quite interesting that it was shown in this study to increase proliferation in lymphoblasts. The mechanism responsible for these effects of heparin must be investigated in further studies. On the other hand, heparin causes apoptosis in human peripheral blood neutrophils, lymphoblasts and mononuclear cells, and indicates its apoptotic effect on lymphoblasts via extrinsic or intrinsic pathways [27-29].

We demonstrated in this study that the greatest proliferation effect of heparin and the highest SPF ratio were determined in 20 U/ml concentration at 1 h. Recent studies from Erduran et al. [30] determined that the greatest apoptotic effect of heparin on the lymphoblasts was detected in 20 U/ml concentration at 1 h. The results of some recent studies were found to be concordant [28-30]. Apoptosis and proliferation are important regulators of normal development and homeostasis in the bone marrow. According to the knowledge gained in previous experimental studies, a greater regenerative capacity of hematopoiesis may be reflected by an increased rate of apoptosis and/or proliferation and therefore is associated with a more favorable outcome [31]. According to these results, we suggest that heparin may have a dual effect on lymphoblasts by stimulating apoptosis in a portion of them, while increasing proliferation in others by stimulating S and G2/M phases in the cell cycle. Whether or not this dual effect contributes to prognosis will require further investigation. We did not aim to show which molecular pathway is involved in the proliferative effect of heparin on the lymphoblast cell cycle. In view of the preliminary nature of our study, our purpose was only to establish whether or not heparin had any effect on the cell cycle of lymphoblasts. We believe that the relationship among heparin, cell cycle phases and apoptosis needs to be studied at the molecular level.

Chemotherapy agents may work in only one phase of the cycle (termed “cell-cycle specific”) (e.g. azathioprine, cytosine arabinoside (Ara-C), hydroxyurea, and vincristine), or in all phases (“cell-cycle nonspecific”). Many chemotherapeutic drugs are effective on the cells in the S phase of the cell cycle [8-11,32]. Bone marrow samples generally had a higher SPF ratio than blood samples in children with leukemia [33]. The relationship of leukemic blast proliferative activity to prognosis is controversial. Duque et al. [14] reported that the SPF was not prognostic for treatment response or response duration in acute leukemia in general. On the other hand, several studies reported that bone marrow SPF’s of >6% were strongly predictive of outcome in childhood ALL [33,34]. In contrast, Braess et al. [13] found that a high proliferative activity was associated with a higher complete remission rate in 187 patients with acute myeloblastic leukemia. On the other hand, it has been demonstrated that stimula-
tion of cell proliferation of leukemia cells by pre-
treatment with growth factors (granulocyte colony-
stimulating factor, granulocyte-macrophage colony-
stimulating factor, interleukin-3) in combination
with cycle-specific cytotoxic drugs as chemosensi-
tizing agents could enhance in vitro sensitivity to
some chemotherapeutic agents for killing of leukemic
cell strains [35-38]. It was reported that an
increased in vitro sensitivity to several chemothera-
peutic drugs, such as vincristine and L-asparaginase,
was related to higher SPF of lymphoblasts isolated
from initial childhood ALL patients. Especially the
SPF of pretreatment childhood ALL samples
appeared to correlate with the in vitro sensitivity to
several chemotherapeutic drugs [15]. Since
increased proliferative activity may increase the
sensitivity to chemotherapeutic drugs, pretreatment
with growth factors prior to treatment with these
proliferation-dependent drugs may increase the
response rate in childhood acute leukemia. The
increased proliferative effect of heparin on lympho-
blasts will be important for its contribution to new
treatment fields. Our results presented here indi-
cate that heparin increases the proliferation of lym-
phoblasts in G2/M and S phases and the SPF.
Heparin might increase the effect of chemothera-
petic drugs on lymphoblasts that are in the G2/M
and S phases. Alternatively, heparin combined with
chemotherapeutic agents might be a feasible
approach to increase the effectiveness of the che-
motherapy with relative specificity for the lympho-
blasts, but these results should be tested in vivo. We
lack data for comparison of the effect of heparin on
various types and stages of leukemia.

Thromboembolism is a common finding in
patients with malignancy and a well-recognized serious complication during chemotherapy, such as
with Ara-C. Anticoagulation with heparin has also
been suggested in children undergoing some kinds
of ALL therapy [39]. Our results might suggest that
pretreatment with heparin as a chemosensitizing
approach could be useful for patients with ALL who
are prone to thrombosis. The proliferative and
apoptotic effects of heparin on lymphoblasts might
present new opportunities in the treatment of child-
hood ALL. This study provides pilot data for a future
randomized trial of the use of heparin during ALL
therapy for the prevention of some chemotherapeu-
tic agent-associated thrombotic events.

In conclusion, in addition to its anticoagulant
effect, heparin might be useful in children with ALL
because it induces the transition of the lympho-
blasts from the G0/G1 phase to G2/M and S phases.
In addition, heparin might increase the effect of
chemotherapeutic drugs on lymphoblasts that are
in the G2/M and S phases. There are no reports
related to the enhancement of chemotherapeutic
drug sensitivity by heparin in the treatment of ALL or
any type of leukemia. The findings of this prelimi-
nary study indicate that further and more compre-
hensive research on the effects of heparin on the
lymphoblast cell cycle is needed to explore the
therapeutic potential of heparin in patients with ALL
or any kind of leukemia.

Conflict of interest
No author of this paper has a conflict of interest,
including specific financial interests, relationships,
and/or affiliations relevant to the subject matter or
materials included in this manuscript.

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