

The Evaluation of Urine Samples by Gram Staining and Matrix Assisted Laser Desorption/Ionization Time-of-Flight Mass Spectrometry (MALDI-TOF MS) in Rapid Diagnosis of Urinary Tract Infections

Ummuhan Su Topalca¹*, Nurcan Saygili¹*, Nur Anliacik¹*, Mehmet Emin Bulut¹*, Elif Aktas¹*

ABSTRACT:

The evaluation of urine samples by Gram staining and matrix assisted laser desorption/ionization time-of-flight mass spectrometry (MALDI-TOF MS) in rapid diagnosis of urinary tract infections

Objective: The aim of this study was the evaluation of the efficacy of examination of urine samples by Gram staining and MALDI-TOF MS system.

Materials and Methods: A total of 251 out of 555 urine samples sent for culture to Sisli Hamidiye Etfal Training and Research Hospital Clinical Microbiology Laboratory between September 14 to September 18, 2015 were randomly selected and included in the study. Detection of pure bacterial growth of $\geq 10^5$ CFU/ml was aimed by using Gram staining and MALDI-TOF MS. Urine samples yielding at least one bacterium in at least five microscopical fields by Gram staining were tested by MALDI-TOF MS (Bruker Daltonics, Germany). Urine culture was performed by using "Chromagar Orientation" medium (BD, USA). Culture, Gram staining and MALDI-TOF MS results were compared.

Results: In 28 (11.1%) of the 251 samples tested, bacterial growth of $\geq 10^5$ CFU/ml was observed. While single bacterial agent was isolated in 27 of 28 samples, one sample yielded two different bacterial species. In 25 of 28 samples, bacteria with a single morphology was observed with Gram staining. MALDI-TOF MS could identify the bacterial agents in 18 of these 25 samples. While bacterial growth of $\geq 10^5$ CFU/ml wasn't observed in six samples yielding bacteria with a single morphology by Gram staining, contamination was observed in three samples. When MALDI-TOF MS results were investigated for these nine samples, it was observed that MALDI-TOF MS gave a result of "*Escherichia coli*" in one of the contaminated samples and no result was obtained in the remaining eight samples. When the culture is considered as the gold standard, three false-negative and nine false-positive results were observed by Gram staining while 10 false-negative and one false-positive results were observed by MALDI-TOF MS. The sensitivity, specificity, and positive and negative predictive values were 89.2%, 95.9%, 73.5%, and 98.6%, respectively, for Gram staining, and 64.2%, 99.5%, 94.7%, and 95.6%, respectively, for MALDI-TOF MS.

Conclusions: Combined use of Gram staining and MALDI-TOF MS in the direct testing of urine samples has allowed bacterial identification for more than half of the samples yielding bacterial growth of $\geq 10^5$ CFU/ml in culture, within two hours after receipt of the samples in the laboratory, with high specificity, and positive and negative predictive values. The use of MALDI-TOF MS with higher sensitivity rates will be useful in the diagnosis of urinary tract infections.

Keywords: Gram staining, MALDI-TOF MS, urine

ÖZET:

İdrar yolu enfeksiyonlarının hızlı tanısında idrar örneğinin gram boyama ve matrisli lazer desorpsiyon iyonizasyon - uçuş zamanlı - kütle spektrometrisi (Maldi - ToF Ms) ile incelenmesinin etkinliği

Amaç: Bu çalışmada, idrar yolu enfeksiyonlarının hızlı tanısı için idrar örneğinin Gram boyama ve MALDI-TOF-MS sistemiyle incelenmesinin etkinliğinin değerlendirilmesi amaçlanmıştır.

Gereç ve Yöntem: Şişli Hamidiye Etfal Eğitim ve Araştırma Hastanesi Laboratuvarına 14 Eylül-18 Eylül 2015 tarihleri arasında kültür için gönderilen 555 idrar örneğinin 251'i rastgele seçilerek çalışmaya alındı. Gram boyama ve MALDI-TOF-MS'le $\geq 10^5$ CFU/ml saf bakteri üremesinin tespiti hedeflendi. En az beş alanda, en az bir bakteri görülen idrarlar MALDI-TOF-MS'le (Bruker Daltonics, Almanya) ile test edildi. Kültür, "Chromagar Orientation" besiyerinde (BD, ABD) yapıldı.

Bulgular: Çalışılan 251 örneğin 28'inde (%11.1) $\geq 10^5$ CFU/ml üreme oldu. 28 örneğin 27'sinde tek etken izole edilirken, bir örnekte iki etken mevcuttu. 28 örneğin 25'inde Gram boyama ile tek morfolojide bakteri görüldü. MALDI-TOF-MS'le bu 25 örneğin 18'inde bakteri tanımlanabildi. Gram boyama ile tek morfolojide bakteri görülen altı örnekte $\geq 10^5$ CFU/ml üreme olmazken, üç örnekte kontaminasyon mevcuttu; bu dokuz örneğin MALDI-TOF-MS sonuçları değerlendirildiğinde, MALDI-TOF-MS kontamine örneklerin birinde "*Escherichia coli*" sonucunu verdiği, bunun dışındaki sekiz örnekte sonuç alınmadığı görüldü. Kültür altın standart alındığında; Gram boyama ile üç yalancı-negatif, dokuz yalancı-pozitiflik, MALDI-TOF-MS'le 10 yalancı-negatif, bir yalancı-pozitiflik gözlemlendi. Gram boyama için duyarlılık %89.2, özgüllük %95.9, pozitif kestimim değeri %73.5, negatif kestimim değeri %98.6 iken, MALDI-TOF-MS için duyarlılık %64.2, özgüllük %99.5 pozitifkestimim değeri %94.7, negatif kestimim değeri %95.6 olarak belirlendi.

Sonuç: Direkt idrar örneğinde Gram boyama ve MALDI-TOF-MS'in birlikte kullanımıyla kültürde $\geq 10^5$ CFU/ml üreme olan örneklerin yarısından fazlasında örneğin, laboratuvara ulaşmasından sonraki iki saat içerisinde yüksek özgüllük ve yüksek pozitif ve negatif kestimim değeriyle etken bakteri tanımlaması yapmak mümkün olmuştur. MALDI-TOF MS'inde yüksek duyarlılıkla kullanılabilir olması idrar yolu enfeksiyonlarının tanısında faydalı olacaktır.

Anahtar kelimeler: Gram boyama, MALDI-TOF-MS, idrar

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¹Sisli Hamidiye Etfal Training and Research Hospital, Microbiology Laboratory, Istanbul - Turkey

Address reprint requests to / Yazışma Adresi: Ummuhan Su Topalca, Sisli Hamidiye Etfal Training and Research Hospital, Microbiology Laboratory, Istanbul - Turkey

E-mail / E-posta: ust.10980@gmail.com

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INTRODUCTION

Urinary tract infections (UTIs); count the majority of infections both in patients under outpatient follow-up and in inpatients. UTI is an important infectious disease in the group of patients with underlying disease/with immunosuppression and in the immunocompetent population, from infancy to the elderly (1). The prevalence of UTIs varies geographically, and the major risk factors include advanced age, prior history of UTI, and diabetes mellitus (2). It has been reported that 4.1-7.5% of severe bacterial infections in children with fever are associated with urinary tract infections. However, the majority of patients with UTIs are women, with a lifetime experience rate of about 50% this infection. While the UTI rate is 5% in young women and 0.1% in young men, this rate is over 20% in women and 10% in men over 65 years. While there is an increased risk of invasive or systemic infection in certain groups of patients, such as men, children, and pregnant, disease complications are more frequent in elderly patients, in immunosuppressive patients, and in patients with neurological disorders or underlying diseases.

UTI most commonly occurs when bacteria in the patient's own intestinal flora reach the urinary tract from the urethra by ascending way. The most common etiologic factor in children and adolescent populations is, *Escherichia coli*, which is present predominantly in the faeces and has specific virulence factors such as the ability to adhere to the uroepithelial cells. *Klebsiella pneumoniae*, *Enterococcus faecalis*, *Staphylococcus saprophyticus* are other important pathogens that play a role in urinary tract infections (1-3).

Considering that UTIs are associated with significant morbidity, mortality and cost, it is crucial for the laboratory to obtain rapid and significant results, early recognition of these infections and early initiation of appropriate treatment and avoidance of unnecessary antibiotic use (1-5).

Culture is the gold standard in the diagnosis of urinary tract infections. However, reporting of culture results lasts two to three days. Gram staining is useful when the number of bacteria in the specimen is high,

while it gives an idea of bacterial morphology, it is not sufficient for identification (6). Matrix-assisted Laser Desorption Ionization-Flight Time-Mass Spectrometry (MALDI-TOF MS), which is a fast automated identification system that has been used in clinical microbiology laboratories in recent years, is based on the unique proteomic fingerprint peak patterns of microorganisms themselves. With MALDI-TOF MS, results can be obtained in minutes using a single colony of the microorganism growing in the culture in MS. There are limited studies on the use of MALDI-TOF-MS in direct clinical specimens. Sensitivity rates range from 50% to 90% in these studies (7-16).

The aim of this study was to evaluate the efficacy of examination of urine samples by Gram staining and MALDI-TOF MS system.

MATERIAL AND METHOD

Randomly selected 251 of the 555 urine samples sent for culture between September 14 and September 18, 2015 were studied at the laboratories of Sisli Hamidiye Etfal Training and Research Hospital. $\geq 10^5$ CFU/mL of pure bacterial growth with Gram staining and MALDI-TOF-MS was targeted.

Samples were evaluated by Gram staining without centrifugation. Leukocytes were rated as +: <1/LPF, 2+: 1-9/LPF, 3+: 10-25/LPF and 4+: >25/LPF at 100X magnification (LPF). Bacteria were examined at 1000X magnification (OIF) (17). The presence of leukocyte and bacteria were noted. Urine with single morphology bacteria in Gram staining were tested with MALDI-TOF-MS (Bruker Daltonics, Germany). The urine with bacteria with more than single morphology were not evaluated with MALDI-TOF-MS.

The analysis with MALDI-TOF-MS was based on the method described by Kim et al. (7); the sample amount was modified to 1.5 ml instead of 3 ml. According to this method, 1.5 mL of urine sample for testing with MALDI-TOF-MS was taken in eppendorfs and centrifuged at 2000 g for 30 seconds to remove leukocytes. The resulting supernatant was centrifuged at 14000 g for 10 minutes and the pellet formed after this centrifugation was washed with deionized water.

1.5 ml of 0.1% sodium dodecyl sulfate (SDS) was added to the pellet and incubated at 37°C for 10 minutes. After centrifugation and washing at 14000 g for 10 minutes, the formed pellet was spread to the areas over the “target” of the MALDI-TOF-MS device and left to dry. 1 microliter matrix was added and tested with MALDI-TOF-MS after drying. Analysis was performed with MALDI Biotyper 3.1 software (Bruker Daltonics, Germany).

Culture was performed simultaneously on “Chromagar Orientation” medium (Becton Dickinson, USA). The urine samples were quantitatively plated, and the plates were incubated overnight at 37°C. Conventional methods for identification procedures, BD Phoenix™ (Becton Dickinson, USA) automatization system and MALDI-TOF-MS system, were used.

RESULTS

Of the 251 cases studied, 98 were children and 153 were adult patients. 14.7% of the patients were women between 15-45 years of age. 92.4% of the samples belonged to outpatient clinics and 7.6% belonged to hospitalized patients. In 251 cases, 28 (11.1%) had ≥ 105 CFU/ml of growth. Of the remaining 223 samples, 134 showed no growth, 48 had few bacterial or genitourinary system flora elements, and

41 had contamination. Of the 28 samples, single agent was isolated from 27, while one sample contained two agents (20 *E. coli*, 3 *K. pneumoniae*, 1 *Citrobacter koseri*, 1 *Proteus mirabilis*, 1 *E. coli-Streptococcus gallolyticus*, 1 *Streptococcus agalactiae*, 1 *E. faecalis*). Only bacteria with single morphology was seen in 25 of 28 samples with Gram staining (Table-1).

Bacteria could be identified in 18 of these 25 samples with MALDI-TOF-MS. There was no growth of ≥ 105 CFU/ml in six samples with bacteria with single morphology with Gram staining, while three samples were contaminated; when the results of MALDI-TOF-MS in these nine samples were examined, it was observed that MALDI-TOF-MS showed “*E. coli*” as the result in one of the contaminated samples and no results were obtained in the other eight samples. When culture is taken as gold standard; Three false-negativity, nine false-positivity with Gram staining, 10 false-negativity, and one false-positivity with MALDI-TOF-MS were observed (Table-1). Six of the 10 isolates unidentifies with MALDI-TOF-MS were *E. coli*, two were *K. pneumoniae*, and two were *E. faecalis*.

When the culture is taken as gold standard, the sensitivity, specificity, positive and negative predictive values obtained for Gram staining and MALDI-TOF-MS are shown in Table-2.

Table-1: Culture, Gram staining and MALDI-TOF MS results for the samples included in the study

		Culture*		
		Positive	Negative	Total
Gram staining**	Positive	25	9	34
	Negative	3	214	217
	Total	28	223	251
MALDI-TOF MS	Positive	18	1	19
	Negative	10	222	232
	Total	28	223	251

*Culture positivity for this study was accepted as $\geq 100,000$ CFU/ml pure growth. **At least one bacterium with single morphology seen in at least five fields in Gram staining were evaluated as positive.

Table-2: According to the culture; sensitivity, specificity, positive and negative predictive values of Gram staining and MALDI-TOF MS

	Sensitivity	Specificity	PPV	NPV
Gram staining	89.2%	95.9%	73.5%	98.6%
MALDI-TOF MS	64.2%	99.5%	94.7%	95.6%

PPV; positive predictive value, NPV, negative predictive value

DISCUSSION

Urinary tract infections are the most common infections in medical practice. Considering that urinary tract infection is the leading cause in sepsis etiology, the importance of rapid diagnosis of infection emerges. Although *E. coli* is the most frequent pathogenic microorganism, the importance of rational antimicrobial use due to the increase in antimicrobial resistance rates today, short-term identification of the causative microorganism and the treatment planning based on the possible susceptibility profiles is critical (18).

Gram stain preserves its value for rapid diagnosis when the number of bacteria in the sample is high. The appearance of one organism in each immersion area is compatible with growth of 10⁵ CFU/ml. Gram staining is not enough for identification, even though it gives an idea of bacterial morphology. MALDI-TOF-MS, which has been started to be used in clinical microbiology laboratories in recent years, is able to identify microorganisms in a short period of time from microorganism colonies produced in culture, and studies regarding their use in direct clinical specimens such as blood and urine specimens are improving (7-16,19). In our study, Gram staining and MALDI-TOF MS were used together to identify urine samples first with potential for bacterial growth by Gram staining, then for identification of bacteria in urine with single bacteria, MALDI-TOF MS was used.

In the study of Ferreira et al. (9), which they performed identification by MALDI-TOF MS through direct urine sample is one of the first in the literature. Identification from a direct clinical sample is carried out with pellets obtained after several successive centrifugation steps and the methods in the literature show differences such as centrifugation time/cycle, short-term incubations, use of SDS or Tween-80 which have detergent-effect during the formation of this

pellet (7-16,19). Sánchez-Juanes et al. (13) treated the urine sample with SDS before centrifugation and aimed to minimize the false results by releasing the microorganisms by lysis of the cells such as the epithelium, leucocyte, etc.. Identification of bacteria has been possible when 55.9% of *E. coli* isolates, 37.6% of *E. faecalis* isolates, 50% of *K. pneumoniae*, *Staphylococcus aureus* and *Pseudomonas aeruginosa* isolates, which could not be identified by MALDI-TOF MS has been processed with SDS, then retested gain. Burillo et al. (10) used Tween-80, another material with detergent-effect, and reported a sensitivity of 79.2%. Kim et al. (7) incubated the pellet with SDS following various centrifugation steps. Sensitivities in this study were reported as 98.6% for gram-negative enteric agents, 60% for nonfermenter gram-negative bacilli, 44.4% for gram-positive cocci, and 20% for yeast. In our study, the method described by Kim et al. (7), ie the amount of urine sample, was changed to 1.5 ml instead of 3 ml due to the suitability to the centrifuge used in our laboratory. However, the sensitivity rates obtained after our study were observed to be lower than the rates indicated in the reference used (64.2%). The sensitivity rates to be lower than expected, were thought to be due to the reduced amount of sample used. An advanced study is planned with a higher number of urine samples, in which the amount of sample, the agent with detergent-effect and the effect of extraction operations before the process can be assessed and optimized in the MALDI-TOF MS system.

In our study, it was possible to identify more than half of the samples with $\geq 10^5$ CFU/ml growth in culture by using Gram staining and MALDI-TOF MS in direct urine samples together, with high specificity and high positive and negative predictive values within for example, two hours after reaching the laboratory. The fact that MALDI-TOF MS can be used with higher sensitivity will create a new perspective on the diagnosis of urinary tract infections.

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