Dear readers of Northern Clinics of Istanbul,

I am very pleased to present the first issue of NCI for 2016. I would like to express my sincere thanks to our authors, to the reviewers who evaluated our manuscripts, and to you, the readers, for showing interest in our journal. With your support, we are achieving greater success with every day. NCI is now part of the Scientific and Technological Research Council of Turkey (TÜBİTAK) Turkish Academic Network and Information Centre (ULAKBİM) Turkish Medical Index Database. In addition, our application to join the PubMed Central index has been accepted. As of now, our journal is indexed in 2 national (TÜBİTAK ULAKBİM and Citation Index of Turkey) and 4 international indices. (EBSCO, Cumulative Index to Nursing and Allied Health Literature [CINAHL], and Index Copernicus [IC]).

This issue of our journal contains 9 original research articles, 5 case reports, and 1 review article. The original research articles explore topics including treatment of diabetes with complimentary medicine, craniotabes and vitamin D, the relationship between the size of varices and platelet count/spleen size ratio in cirrhotic patients, postoperative hypocalcemia after thyroid surgery, blink reflex in migraine headaches, use of triglyceride/HDL ratio to assess atherosclerotic risk in patients with chronic inflammatory diseases, rehabilitation after finger replantation, preventing intrathecal morphine-induced pruritus, and a comparison of stent versus bypass after myocardial revascularization. We have very interesting case reports that discuss acute appendicitis in pregnancy, congenital band compression in a newborn, pleomorphic adenoma of the larynx, Fahr's syndrome presenting with epileptic seizure, and a challenging case of aortic dissection. Finally, in this issue we also have a review article concerning clinical types of psoriasis.

We congratulate the authors who contributed their work to the contents of this issue, and we are very grateful to the reviewers and the editorial board of the journal for giving their valuable time to the evaluation of the manuscripts.

See you in the next issue,

Bekir Durmus, Assoc. Prof. M.D.
Editor-in-Chief