Introduction: Fabry disease (FD) is an X-linked lysosomal storage disorder, caused by decreased activity of α-galactosidase A (α-Gal A), which leads to the progressive accumulation of globotriaosylceramide, and its derivatives in a wide range of cells throughout the body [1]. Cardiovascular, neurologic, renal and other organ systems involvements result in morbidity and mortality in patients with FD [2, 3].

The treatment of the FD is enzyme replacement treatment (ERT) and was shown to have benefits in both transplanted and non-transplanted FD patients. A study by Ersözlü et al.[4] reported superior patient and graft survival rates in renal transplant patients compared to the studies from the pre-ERT studies by Ojo and Inderbitzin et al. [5, 6]. On the other hand, the rate of delayed diagnosis in FD remains excessively high. There is also living kidney donations within families with unrecognized FD relatives which is an important problem that should be resolved [7, 8].

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Abstract

Introduction: Fabry disease (FD) is an X-linked lysosomal storage disorder, caused by decreased activity of α-galactosidase A (α-Gal A), which leads to the progressive accumulation of globotriaosylceramide, and its derivatives in a wide range of cells throughout the body [1]. Cardiovascular, neurologic, renal and other organ systems involvements result in morbidity and mortality in patients with FD [2, 3]. The treatment of the FD is enzyme replacement treatment (ERT) and was shown to have benefits in both transplanted and non-transplanted FD patients. A study by Ersözlü et al.[4] reported superior patient and graft survival rates in renal transplant patients compared to the studies from the pre-ERT studies by Ojo and Inderbitzin et al. [5, 6]. On the other hand, the rate of delayed diagnosis in FD remains excessively high. There is also living kidney donations within families with unrecognized FD relatives which is an important problem that should be resolved [7, 8]. From these standpoints, including better graft-patient sur-
vival with ERT, delayed diagnosis of FD and undesirable results of transplantations done within families forced us to screen transplanted patients in our hospital. In this study, we aimed to evaluate a FD family which was determined as a result of the screening of the transplanted patients in our hospital.

Materials and Methods

Until 2017, approximately 700 patients were transplanted in University of Health Science, Haydarpasa Numune Training and Research Center. Among these patients, we only achieved communication with 200 patients and communicated patients were requested to come hospital for testing. As there was no communication data for the remaining patients, these patients could not be reached. Written informed consent was obtained from all patients included in the study. Ethic Committee approval was received from University of Health Science, Haydarpasa Numune Training and Research Center's Ethic Committee.

For male patients, the enzyme test (α-Gal A activity) was used for screening. GLA gene mutation analysis was performed to all transplanted female patients and male patients with α-Gal A activity lower than 3 micromol/L/h. Plasma globotriaosylsphingosine (lyso-GL-3) levels were measured from patients with positive genetic analysis. Patients with mutations were evaluated for signs, symptoms related to FD. Cardiology, neurology and ophthalmology consultations were done. Echocardiography, cranial magnetic resonance imaging and electromyography were done to all patients with mutations.

Sanger sequencing method was used for genetic analysis. α-Gal A activity testing was done to all patients with mutations. Because 27 years old female nephew had lower enzyme activity, fluorimetric analysis of enzyme level was performed by Centogene Laboratory. Lyso-GL-3 level of all patients except recipient and one 46 years old female sister were measured with liquid chromatography mass spectrometry at Centogene Laboratory in Germany. Normal value of this test was ≤1.8 ng/mL. Blood samples of these two patients (donor and recipient) were also analyzed for lyso-GL-3 at ARCHIMED Life Science GmbH laboratory in Vienna and normal value was ≤3.5 ng/mL. The method used was tandem mass spectrometry.

Results

Among a total of 200 transplanted patients, only one female patient had genetic variations concerning FD. This 35 years old female patient revealed c.376A>G (p. S126G) heterozygous mutation. The cause of chronic kidney dis- ease was reported in native renal biopsy as hypertensive nephropathy and chronic pyelonephritic changes. She had preemptive kidney transplantation donated by her sister in 2015. Tacrolimus, mycophenolate mofetil and prednisolone triple treatment was instituted after the renal transplantation. The serum creatinine was 0.86 mg/dL and urine analysis was normal. Cardiology, ophthalmology, dermatology and neurology consultations yielded no results in favor of FD. Family history was unremarkable for FD. Her α-Gal A activity was normal, and the result was 8 mmol/L/h.

Starting with this index patient, family members underwent evaluation. Among 38 family members, genetic analysis obtained from 23 family members. Four of the family members were deceased who were the index case’s father, one uncle, one aunt and one cousin. Eleven family members had negative results and other 11 members had positive results for genetic analysis. Only one male member of the family had positive result for genetic analysis and was the nephew of the index case. We could not have communicated with twelve family members, so we could not take blood samples for analysis. The demographic, clinical and laboratory parameters of the index and screened 15 family members are shown in Table 1. Family members with incomplete data because of living in other cities and death family members were not included to the Table. The family pedigree is also shown in Figure 1.

History of father of index case was consisted death due to HCC. The daughter of the index case revealed negative genetic analysis. All siblings of the index case were screened, and all male siblings revealed negative genetic analysis. All the sisters revealed positive results for genetic analysis. The children of the first sister revealed negative genetic analysis. One female and one male children of second sister revealed positive genetic analysis. The children of third sister revealed positive genetic analysis for the female child and negative genetic analysis for the male child. We also screen the one-year old male child who was the son of index patient’s nephew and obtained negative result for genetic analysis. The index case has three aunts and two uncles. Among these, one aunt and one uncle were deceased, we could not learn the cause of deaths and we could not screen their children. The second uncle and aunt revealed negative results for the genetic analysis. The third aunt who was 87 years old and live in Trabzon also revealed positive genetic analysis. One of her sons died because of colon cancer and we could not screen her second female child. The deceased son has four children; three of them revealed the positive results for genetic analysis and other one did not.
<table>
<thead>
<tr>
<th>Patients</th>
<th>F/M</th>
<th>Age</th>
<th>Creatinine (mg/dL)</th>
<th>Proteinuria</th>
<th>Co-morbid Diseases and other pathologic Findings</th>
<th>Sign and Symptoms</th>
<th>Genetic analysis</th>
<th>Enzyme Level (µmol/L/h)</th>
<th>Lyso GL-3 Level (ng/mL)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Index case</td>
<td>F</td>
<td>35</td>
<td>0.86</td>
<td>Negative</td>
<td>Renal recipient, breast cyst, multinodular goiter, migraine, HT</td>
<td>Numbness of hands</td>
<td>c.376A&gt;G (p.S126G)</td>
<td>8</td>
<td>3-3 (high result)</td>
</tr>
<tr>
<td>2. Daughter of index case</td>
<td>F</td>
<td>8</td>
<td></td>
<td>Negative</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Mother</td>
<td>F</td>
<td>74</td>
<td></td>
<td>Negative</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. Brother</td>
<td>M</td>
<td>46</td>
<td></td>
<td>Negative</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Renal donor</td>
<td>F</td>
<td>54</td>
<td>1.01</td>
<td>Negative</td>
<td>Renal donor, breast cyst, migraine, thyroid nodule, parathyroid adenoma</td>
<td>Numbness of hands, burning of feet, electric-shock-like pain in feet</td>
<td>c.376A&gt;G (p.S126G)</td>
<td>4</td>
<td>3.8 (high result)</td>
</tr>
<tr>
<td>6. Nephew</td>
<td>F</td>
<td>25</td>
<td></td>
<td>Negative</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. Nephew</td>
<td>M</td>
<td>27</td>
<td></td>
<td>Negative</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. Brother</td>
<td>M</td>
<td>53</td>
<td></td>
<td>Negative</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. Sister</td>
<td>F</td>
<td>46</td>
<td>0.65</td>
<td>Negative</td>
<td>Chronic viral hepatitis B, migraine, hyperlipidemia</td>
<td>No signs and symptoms</td>
<td>c.376A&gt;G (p.S126G)</td>
<td>2.90</td>
<td>2</td>
</tr>
<tr>
<td>10. Nephew</td>
<td>M</td>
<td>29</td>
<td></td>
<td>Negative</td>
<td>No pathologic findings, no co-morbid diseases</td>
<td>leg pain with climbing stairs</td>
<td>c.376A&gt;G (p.S126G)</td>
<td>2.2-14.6 (Low results)</td>
<td>1.1</td>
</tr>
<tr>
<td>11. Nephew</td>
<td>F</td>
<td>27</td>
<td>0.65</td>
<td>Negative</td>
<td>No pathologic findings, no co-morbid diseases</td>
<td>Numbness of hands</td>
<td>c.376A&gt;G (p.S126G)</td>
<td>NA</td>
<td>1.1</td>
</tr>
<tr>
<td>12. Son of number 11</td>
<td>M</td>
<td>1</td>
<td></td>
<td>Negative</td>
<td>No pathologic findings, no co-morbid diseases</td>
<td>Numbness of hands</td>
<td>c.376A&gt;G (p.S126G)</td>
<td>NA</td>
<td>1.3</td>
</tr>
<tr>
<td>13. Brother</td>
<td>M</td>
<td>42</td>
<td></td>
<td>Negative</td>
<td>No pathologic findings, no co-morbid diseases</td>
<td>Numbness of hands</td>
<td>c.376A&gt;G (p.S126G)</td>
<td>NA</td>
<td>1.5</td>
</tr>
<tr>
<td>14. Sister</td>
<td>F</td>
<td>48</td>
<td>NA</td>
<td>Yes</td>
<td>No pathologic findings, no co-morbid diseases</td>
<td>Numbness of hands</td>
<td>c.376A&gt;G (p.S126G)</td>
<td>NA</td>
<td>1.1</td>
</tr>
<tr>
<td>15. Nephew</td>
<td>M</td>
<td>23</td>
<td>0.78</td>
<td>Negative</td>
<td>No pathologic findings, no co-morbid diseases</td>
<td>No signs and symptoms</td>
<td>c.376A&gt;G (p.S126G)</td>
<td>NA</td>
<td>1.3</td>
</tr>
<tr>
<td>16. Nephew</td>
<td>F</td>
<td>28</td>
<td>NA</td>
<td>Negative</td>
<td>No pathologic findings, no co-morbid diseases</td>
<td>No signs and symptoms</td>
<td>c.376A&gt;G (p.S126G)</td>
<td>NA</td>
<td>1.5</td>
</tr>
</tbody>
</table>

F: female; M: male; NA: not available.
Regarding enzyme results, only one female family member who was 27 years old and nephew of the index case revealed decreased enzyme levels at two different measurements. The results were 2.2 µmol/L/h and 14.6 µmol/L/h and should be higher than 2.5 µmol/L/h and ≥15.3 µmol/L/h, respectively.

Regarding lyso-GL-3 results, only the donor and the index case had increased lyso-GL-3 levels. The donor had one measurement and the result was 3.8 ng/mL (should be ≤3.5 ng/mL). The index case also had two measurements and one was within normal range (3 ng/mL, should be ≤3.5 ng/mL), the other was higher than the upper limit (3 ng/mL, should be ≤1.8 ng/mL).

**Discussion**

Several studies were conducted to screen FD in CKD, dialysis and renal transplant patients. A study conducted in Turkey by Türkmen et al. [9] investigated the prevalence of FD in 313 eligible CKD patients not receiving renal replacement therapy and the prevalence of FD in CKD patients was 0.95%. The first screening study in hemodialysis patients in Turkey was done by Kalkan et al. [10] and evaluated 808 male patients but not female patients. The prevalence of α-Gal A deficiency in Turkish males receiving hemodialysis was 0.24%. In another study conducted by Sayilar et al. GLA genotyping confirmed the diagnosis of FD in 5 (0.3%) patients with low α-Gal A activity among 1527 dialysis patients at 17 dialysis centers across Bursa province in Turkey [11]. Yılmaz et al. evaluated renal transplant patients and found 8 variations (0.73%) among 1095 patients [12]. In our study, only one patient was detected to have FD mutation among 200 transplanted patients (0.5%).

The threshold for α-Gal A activity in our study for male patients was 3 micromol/L/h. We used this threshold because the lower threshold used in the study of Türkmen et al. missed some male patients despite FD symptoms, and genetic and histological evidence of FD [9]. It should also be noted that a significant number of affected FD heterozygotes may have α -GLA activities that fall within the normal range rendering enzyme diagnosis unreliable [13, 14]. So, we did genetic analysis to all family members and all female transplanted patients not regarding enzyme levels. The mutation found in our study was c.376A>G (p. S126G) heterozygous and it is reported as unknown clinical significance in Clinvar (rs149391489). Only one 23 years old male patient had the same mutation and he was free of signs and symptoms related to FD and investigations yielded no pathologic findings.

Disease presentation in female heterozygotes may be as severe as in males although women are more likely to remain asymptomatic for long times. Regarding the index case, native renal biopsy was reported as hypertensive nephropathy, chronic pyelonephritic changes and no evidence of FD was detected by this biopsy. The renal biopsy sample was evaluated with light microscopy and EM review could not be performed. This index case apart from renal involvement had also numbness of the hands. Her lyso-GL-3 level was also high in one of the two measurements. The donor also had symptoms such as numbness of hands, burning of feet, electric-shock-like pain in feet and her lyso-GL-3 level was higher. The other female patient had leg pain when climbing stairs and her enzyme analysis revealed lower enzyme levels at two measurements. The last female patient we evaluated had proteinuria and numbness of the hands but normal result for lyso-GL-3. Another family member who was 87 years old was alive and no serious complication was seen in this patient.

It is also important to decide if the patient will require ERT or not. For patients with uncertain diagnosis electron microscopic evaluation in order to demonstrate globotriaosylceramide accumulation on affected organs would be helpful. On the other hand, plasma lyso-GL-3 is reported to correlate with disease severity and is used to make treatment decision [15]. We started ERT to our patients with high lyso-GL-3 level both to the recipient and to the donor. It should be kept in mind that mutations such as D313Y,
A143T may not result in increased lyso-GL-3 levels and normal values cannot exclude FD \[16\].

Our limitation is screen of 200 of 700 transplanted patients in our hospital. Besides this, EM review could not be performed for the renal biopsy. Besides these limitations, an afford with screening transplant patients yielded clinical data about c.376A>G (p. S126G) mutation which is reported as unknown clinical significance in Clinvar.

In conclusion, only one patient was diagnosed among 200 transplanted patients and starting with this index case, 11 family members with positive mutation were found. Among these patients, a 87 years old female family member with no serious complication was detected. The patient proves the asymptomatic nature of the disease. However, despite the fact that c.376A>G (p. S126G) mutation is known as unknown clinical significance in Clinvar; some of our patients had symptoms related to FD and ERT started.

**Ethics Committee Approval:** Ethic Committee approval was received from University of Health Science, Haydarpasa Numune Training and Research Center’s Ethic Committee.

**Peer-review:** Externally peer-reviewed.

**Authorship Contributions:** Concept: Ö.C., M.B.Ö.; Design: Ö.C., M.B.Ö.; Data Collection or Processing: Ö.C., S.B.; Analysis or Interpretation: Ö.C., M.B.Ö.; Literature Search: Ö.C.; Writing: Ö.C.

**Conflict of Interest:** None declared.

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**References**