Adenoid Cystic Carcinoma of the Breast: A Rare Histopathology- Good Prognosis

Meme Adenoid Kistik Karsinomlu Olgu: Nadir Histopatoloji- İyi Prognoz

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ABSTRACT

Background: Adenoid cystic carcinoma (ACC), one of the rarest neoplasia of the breast, constitutes 0.1% of all breast carcinomas. The prognosis of ACC is very good compared to other histological subtypes of breast carcinoma. Lymph node involvement and distant metastasis are very infrequent. Estrogen receptor (ER), progesterone receptor (PR) and c-erbB2 (also known as HER-2/neu) are typically negative.

Case Report: A forty eight year-old premenopausal women was admitted to hospital with a mass on the upper outer quadrant of her left breast. Since the result of through-cut biopsy of this suspicious lesion was consistent with adenoid cystic carcinoma, modified radical mastectomy with axillary lymph node excision was applied. Pathological examination revealed a moderately differentiated adenoid cystic carcinoma of the breast. The size of invasive tumor component was 4.8 cm in its greatest dimension. Immunohistochemical analysis was consistent with triple negative phenotype (ER,PR and c-erbB2 negative).

Conclusion: ACC is a rare type of human breast carcinoma with ER, PR and c-erbB2 negative phenotype. They usually show an excellent prognosis however there is no well defined treatment options for ACC since the rarity of clinical studies in such kind of unusual histological subtypes of breast carcinomas.

Key words: Breast neoplasms; Carcinoma; Adenoid cystic; Good prognosis

Background

Adenoid cystic carcinoma (ACC), one of the rarest neoplasia of the breast, constitutes 0.1% of all breast carcinomas (1). The prognosis of ACC is very good compared to other histological subtypes of breast carcinoma. ACC of the breast is commonly seen in perimenopausal patients. The median age at the time of diagnosis is usually at the 5th and 6th decades (2). Although mostly located subareolar area of the breast, nipple and/or skin changes are rarely encountered. Lymph node involvement and distant metastasis are very infrequent (3). Estrogen receptor (ER), progesterone receptor (PR) and c-erbB2 (also known as HER-2/neu) are typically negative.

Case Report

A forty eight year-old premenopausal woman...
was admitted to the hospital with a mass on the upper outer quadrant of her left breast in May 2011. On physical examination there was a non-tender mobile 2x2 cm mass without nipple or skin changes, and axillary lymph nodes were not palpable. Mammography and breast ultrasonography revealed a 2x3 cm suspicious mass consistent with malignant phenotype. Tru-cut biopsy of the lesion was reported to be ACC. Modified radical mastectomy (MRM) and axillary dissection was planned thereafter as curative surgery. Pathological examination of the operation material was reported as moderately differentiated ACC of the breast (fig. 1). The greatest dimension of the invasive tumour was 4.8 cm with 48 reactive lymph nodes. Immunohistochemical (IHC) analysis of the tumor was consistent with triple negative (ER, PR and c-erbB2 negative) phenotype.

Tumor was pathologically staged as T2N0M0, stage IIA and adjuvant antracycline based chemotherapy was applied. The patient is disease free from a duration of 30 months follow-up period.

Discussion

ACC is a rare neoplasia of the breast (1). ACC histopathologically resembles salivary gland pattern and formerly called as ‘cylindroma’ by Billroth (4). Mc Clenethan et al. evaluated 27,970 breast carcinoma patients diagnosed between 1960 and 2000 and reported 22 ACC histopathologically (3).

ACC cases are usually defined in perimenopausal women in their 5th to 6th decades however ACC in men was very rarely reported in the literature (5). ACC is mostly observed in the subareolar site of breast. Nipple and skin changes are seldomly involved (5). In the presented case however, the tumor was in the upper outer quadrant. Besides, nipple or skin changes were also not a feature of this case.

Although fine needle biopsy was enough to recommend for the diagnosis, in the presented case, a tru-cut biopsy was applied. In the literature, the average size of invasive tumor of ACC patients was reported to be 2 cm but varied greatly from 0.2 cm to 12 cm (2). In the presented case, the tumor size was 4.8 cm.

ACC cases are mostly presented with the IHC phenotype of triple negative or basal like breast cancer as ER, PR and c-erbB2 negative (6). Pathological criteria of ACC involves biphasic cellular pattern consists of basaloide myoepithelial cells together with ductal epithelial cells (7). In the presented case, a triple negative phenotype was detected. ACC of the breast was reported to have an excellent prognosis because of the rare
tendency of lymph node involvement and distant metastasis. If distant metastasis occurs, it usually appears before axillary involvement (3). The most common site of distant metastasis are the lungs. Arpino et al. found only four cases of lymph node metastasis in a review of 182 cases and 14 distant metastasis without lymph node involvement (2). Since the rarity of lymph node metastasis, axillary dissection is usually not recommended. Local excision, simple mastectomy or MRM are the curative treatments of choice.

Ro et al. recommended local excision without axillary dissection for grade I tumors (without solid components in the tumor), simple mastectomy for grade II tumors (<30% solid components in the tumor) and MRM for grade III tumors (>30% solid components in the tumor) (8), but also radiotherapy for cases treated by local excision and simple mastectomy in other study (9).

There are reports to suggest adjuvant chemotherapy for ACC in the literature (10). However, there is no specific adjuvant chemotherapy recommendation for favorable histological subtypes of breast carcinoma including ACC cases. Besides, there has been no randomised clinical trials to guide changing adjuvant treatment of these better natured and uncommon histological subtypes of breast cancers.

ACC is a rare subtype of breast carcinomas with triple negative or basal-like features. They usually have an excellent outcome, however specific adjuvant treatment for this subtype of breast carcinoma is not standard yet because of lack of randomised controlled studies.

Conflict of interest: None

References