Dear Colleagues;

We are together with you again at the 2019 first issue of our journal. Winter months are left behind and we said ‘Hello’ to spring. Our journal continued to grow and make progress in the meantime. Indexed in many foreign research links, we think our journal will also be mentioned in other important academic indices. We closely follow the related procedures. Our journal has free access to many health professionals. As the numbers of access increase, we have further hopes for the future. In that issue we are with you with eight articles, two reviews, five research articles and one case presentation; each being more interesting that the others. Also, in this issue we have two international authors with two original research articles.

The first of our review articles deals with healthy life behaviours in university students and related factors. The rise of the public health level is dependent on all individuals’ maintaining a positive health behaviour towards protecting and developing their own health. That is why we appreciate studies in different groups working on the level of positive health behavior. Our other review article is releated to immigrant health which is an important public health issue. The author in that article deals with detailed applications releated to immigrant health in Turkey and gives his important solution suggestions to the reader.

Electronic data which are inseparable part of our daily practice have gained great importance in health sector in the last decade. Owing to those systems, personal data can be processed but health data are very sensitive and personal and should be protected by sevice providers. Thus, being a very important daily issue, one of our articles deals with patient data at hospitals, their relation to patient security and its important results.

An other review article is about an important issue related to healthcare workers. This study shares with us that it is mostly the nurses and intern doctors among healthcare workers who are wounded by needles. One of the most striking findings of the study is that 71% of healthcare personel do not use any kind of protective equipment at work.

It is a widely known fact that cigarettes cause cancer and have cardiovascular and respiratory system-related side effects. One study in our journal shows interest to the osteoporotic effect of cigarettes which is less widely known. It is in our journal with its important and striking findings.

Non alcholic steatohepatitis (NASH) is an important frequently encountered entity in our prac-tice. Can it be that NASH findings are less frequently encountered in some disease groups? Researchers are in search of this question and they try to know the frequency of NASH in Parkinson’s disease. This is a promising study for newer and more interesting studies.

Nepal is the address of our last study. This study is about self knowledge of women concerning pelvic organ prolapsus which is common in advanced age and relaeted factors. This study shows us that only half of women are knowledgable about it. This study shows us that the motivation for health education and increase in reading about health issues is of supreme importance.

Case presentation “lineer liken planus” gives us important clues and highlights further stud-ies. That is why we value case presentations even more and expect to see more cases in the coming issues. We also expect that our readers will appreciate this issue and would like to see you joining us in the forthcoming issues.

Sincerely,

On behalf of editors,

Mustafa Reşat Dabak, M.D., Assoc. Prof.
Editor-in-Chief