life-threatening bradycardia, hypotension, and altered mental status (3). Complete heart blocks may occur in some patients. However, there was no report regarding long lasting atrioventricular (AV) block and permanent pacemaker implantation.

A 55-year-old female without any cardiovascular disease history and drug use was admitted to our emergency department with complete AV block and symptoms of nausea, dizziness and syncope. She has been taking average 50 mL/day of honey because of gastric pain for a week and she took last dose 2 h ago. Her heart rate was 39 bpm and blood pressure was 70/40 mmHg. Electrocardiogram (ECG) revealed complete AV block (Fig. 1A). Since the AV block and symptoms of the patient did not resolve with intravenous administration of 3 mg atropine sulfate, a temporary transjugular pacemaker was implanted. In addition, intravenous sodium chloride (100 mL/h) was infused. Her symptoms and hemodynamic status resolved over the next 6 h. However, no resolution occurred on ECG. Her transthoracic echocardiography showed no abnormal findings. She was hospitalized for a week, however complete AV block did not resolve over time. Because of the persistent AV block, coronary angiography performed in order to rule out CAD and revealed normal coronary arteries. Therefore, permanent pacemaker was implanted to the patient (Fig. 1B) and she was discharged uneventfully from the hospital.

References

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Available Online Date/Cevrimiçi Yayın Tarihi: 18.09.2012
Increased level of cardiac troponin-I due to rheumatoid factor positivity in a healthy patient with normal coronary arteries

Normal koroner damarlara sahip sağlıklı bir hastada serum romatoid faktör pozitilğine bağlı artmış kardiyak troponin değerleri

Dear Editor,

Detection of rise and/or fall of cardiac biomarkers (preferably troponin) with at least one value above the 99th percentile of the upper reference limit together with evidence of myocardial ischemia are required for the diagnosis of myocardial infarction (1).

A 56-year-old man was admitted to emergency department with dyspepsia and epigastric pain. Physical examination was normal except a mild tenderness in the epigastrium. He did not have an allergy. Electrocardiography was normal. Laboratory test were normal except increased troponin-I which was 0.5ng/mL (reference level, <0.01 ng/mL; the diagnostic cut-off for major myocardial injury is 0.4 ng/mL) with normal creatine kinase and creatine kinase-MB fraction and showed no serial increase in subsequent blood tests. Echocardiography showed normal cardiac functions. Coronary angiography demonstrated normal coronary arteries (Fig. 1). The serologic tests for viral etiology were negative for hepatitis B and C virus, human immunodeficiency virus, Coxsackie virus-B, adenovirus and parvovirus B19, Cytomegalovirus and Epstein-Barr virus. His rheumatoid factor status was positive. At one month follow-up visit cardiac troponin-I level was 0.6ng/mL and so interference studies were carried out which showed antibody interference in the troponin assay.

The presence of heterophilic antibodies in high titers may lead to analytical errors in two-site immunoassays (2). Our patient had no recent history of animal exposure, vaccination and antiserum therapy. Rheumatoid factor is a heterogeneous group of auto antibodies that are directed against immunoglobulin-G and presented in the sera of many patients with rheumatoid arthritis, other immune diseases and healthy individuals. It has been reported that 5% of healthy patients might have circulating rheumatoid factor, and approximately 1% of patients with elevated cardiac troponin-I levels may have this elevation solely because of the rheumatoid factor (3). Our patient had rheumatoid factor positivity but we did not have specific agent to remove in our laboratory. So we performed polyethylene glycol which is used to precipitate large immune complexes in the serum as a simple, inexpensive and easy method (4). Treating with polyethylene glycol made the test negative. Although highly specific and sensitive to acute myocardial injury, pulmonary embolism, congestive heart failure, cardiac trauma, cardiopulmonary resuscitation, electrical cardioversion, sepsis, end stage renal disease, arrhythmias, epileptic seizures, stroke and cardiac interventions may also increase cardiac troponins. High sensitive cardiac troponins are novel markers of cardiac injury having high sensitivity and specificity besides providing accurate early diagnosis, risk stratification and screening in compared to standard troponin assays (5). In this patient we exclude all cardiac and non-cardiac reasons of true positivity of troponin levels. Only logical explanation remaining was false positivity of cardiac troponin-I level so we have performed polyethylene glycol for definitive diagnosis, which confirmed our hypothesis.

In conclusion, whenever unexpected cardiac troponin-I results are encountered in a inconsistent clinical picture it is wise to ask to the laboratory for their assistance for the probability of false positive results as immunoassays are widely used nowadays and results from antibody interference cause troublesome consequences, misdiagnosis, unnecessary and expensive procedures to investigate this unexpected laboratory abnormality.